Tilburg, the Netherlands, 25 – 27 October 2015

Emotions 2015:
6th International conference on emotions, well-being and health

Organizing committee
Johan Denollet
Annemiek Karreman
Willem J. Kop
Ivan Nyklíček
Ad Vingerhoets
Renske Nauta

www.tilburguniversity.edu/emotions2015

Tilburg School of Social and Behavioral Sciences
First announcement

Emotions are key factors in the adjustment to the demands of daily life and to major challenges. Emotions and adequate emotion regulation determine our quality of life and well-being. Many psychopathologies additionally have at their core problems with emotion regulation. But also our physical health is influenced by emotion regulation processes.

This three-day-conference will offer a wide variety of research on how adequate and inadequate emotion regulation impacts on mental and physical functioning. As in the previous conferences in this series, Emotions 2015 will include cutting-edge fundamental research and clinically oriented studies.

We welcome researchers interested in fundamental emotion research as well as investigators with a background in psychiatry, health or clinical psychology, developmental psychology, social psychology and behavioral medicine.

The program includes keynote lectures featuring international experts in the field, workshops, symposia, and poster sessions.

We cordially invite you to submit your proposals for symposia and workshops or single contributions.

Keynote speakers and themes

Nancy Eisenberg (Arizona State University, USA) – Emotion-related self-regulation: Conceptualization and relations to children’s socio-emotional and academic development

Maya Tamir (The Hebrew University, Israel) – What people want to feel and why

André Aleman (University of Groningen, the Netherlands) – Brain and alexithymia

Peter de Jonge (University Medical Center Groningen, the Netherlands) – Emotions and well-being

Special guest James Pennebaker (University of Texas, USA)

Further conference themes include

- Emotions in health and disease
- Culture and emotions
- Attachment and emotion regulation
- Language, emotion and social connections
- The power of positive emotions
- Goals and motives in emotion regulation
- Music and self-consolation
- Crying and catharsis
- Mindfulness, well-being and health
- Neurobiology of emotions

Submission of abstracts

Deadline for submission of abstracts, symposia and workshops is: April 1st, 2015

Fees

Normal registration € 400
Early registration until June 15, 2015 € 300
PhD students € 275
PhD students, early registration until June 15, 2015 € 225

For further information visit our website www.tilburguniversity.edu/emotions2015

Contact us at Emotions2015@tilburguniversity.edu
Renske Nauta
Department of Medical and Clinical Psychology
Tilburg University
P.O. Box 90153
NL – 5000 LE Tilburg
Tel. + 31 13 466 8720

We look forward to meeting you and your colleagues in Tilburg in the fall of 2015!

Organizing committee

Johan Denollet, Professor of Medical Psychology
Annemiek Karreman, Assistant professor of Clinical Psychology
Willem J. Kop, Professor of Medical and Clinical Psychology
Ivan Nyklíček, Associate professor of Medical Psychology
Ad Vingerhoets, Professor of Clinical Psychology
Renske Nauta, Management assistant