

Below are a number of statements that people often use to describe themselves regarding their interaction with other people. Please read each statement and circle the appropriate number next to that statement to indicate your answer

- 0 = False**
- 1 = Mostly False**
- 2 = Mostly True**
- 3 = True**

1. I often feel inhibited in social interactions	0	1	2	3
2. I often worry that others may disapprove of me	0	1	2	3
3. I avoid getting close to other people	0	1	2	3
4. I find it hard to start a conversation	0	1	2	3
5. I feel insecure when I don't know another person's thoughts on me	0	1	2	3
6. I am a closed kind of person	0	1	2	3
7. When socializing, I don't find the right things to talk about	0	1	2	3
8. I always expect negative reactions from others	0	1	2	3
9. Most of the time, I hide my feelings	0	1	2	3
10. When I meet people, I have difficulty making contact	0	1	2	3
11. I avoid saying what I think for fear of being rejected	0	1	2	3
12. I would rather keep other people at a distance	0	1	2	3
13. I have difficulty talking with other people	0	1	2	3
14. I often think that others may find fault with me	0	1	2	3
15. I avoid personal ties with other people	0	1	2	3

Item 1, 4, 7, 10, 13 = Behavioral Inhibition

Item 2, 5, 8, 11, 14 = Interpersonal Sensitivity

Item 3, 6, 9, 12, 15 = Social Withdrawal

The 15-item Social Inhibition Questionnaire (SIQ15). Inhibition facet scale (SIQ15-I): sum of responses on items 1, 4, 7, 10, and 13. Sensitivity facet scale (SIQ15-S): sum of responses on items 2, 5, 8, 11, and 14. Withdrawal facet scale (SIQ15-W): sum of responses on items 3, 6, 9, 12, and 15. Scores on the SIQ15 facet scales all range between 0 and 15. Total social inhibition score: sum of all three facet scores (range between 0 and 45).