

# Dissemination Report

## Cost-Benefit Analysis of Cash Transfer Programs and Post Trauma Services for Economic Empowerment of Women in Uganda (EWP-U)



## **Team members:**

### **Tilburg University:**

Prof. Dr. M.E.H. van Reisen (principal investigator)

Dr. Mia Stokmans (methodology and analysis)

Dr. Bertha Vallejo (research coordinator and valorization)

Selam Kidane (PhD Researcher)

Zaminah Malole (PhD Researcher)

### **Mbarara University of Science and Technology:**

Dr. Viola N. Nyakato (senior researcher, coordinator Uganda)

Dr. Primrose Nakazibwe (research coordinator and junior researcher)

Mr. Edward Musoke (senior supervisor, statistics)

### **Isis-WICCE**

Ms. Juliet Were (research adviser, June 1, 2016 – Dec 15, 2017)

Ms. Ruth Ojiambo Ochieng (research adviser, June 15, 2015-May 31, 2016)

# Cost-Benefit analysis of Cash Transfer Programs and Post Trauma Services for Economic Empowerment of Women in Uganda (EWP-U)

## **Dissemination Report**

This report presents the main dissemination activities undergone under the project from June 15<sup>th</sup>, 2015 to December 15<sup>th</sup>, 2017.

### **Consortia partners:**

- 1.1. Tilburg University, TiU
- 1.2. Mbarara University of Science and Technology, MUST
- 1.3. Isis-WICCE, IW
- 1.4. Makerere University, MU

### **Location of the study:**

The research was conducted in Uganda, in the Northern and Eastern Districts, namely Kitgum, Lira, Amuria and Katakwi.

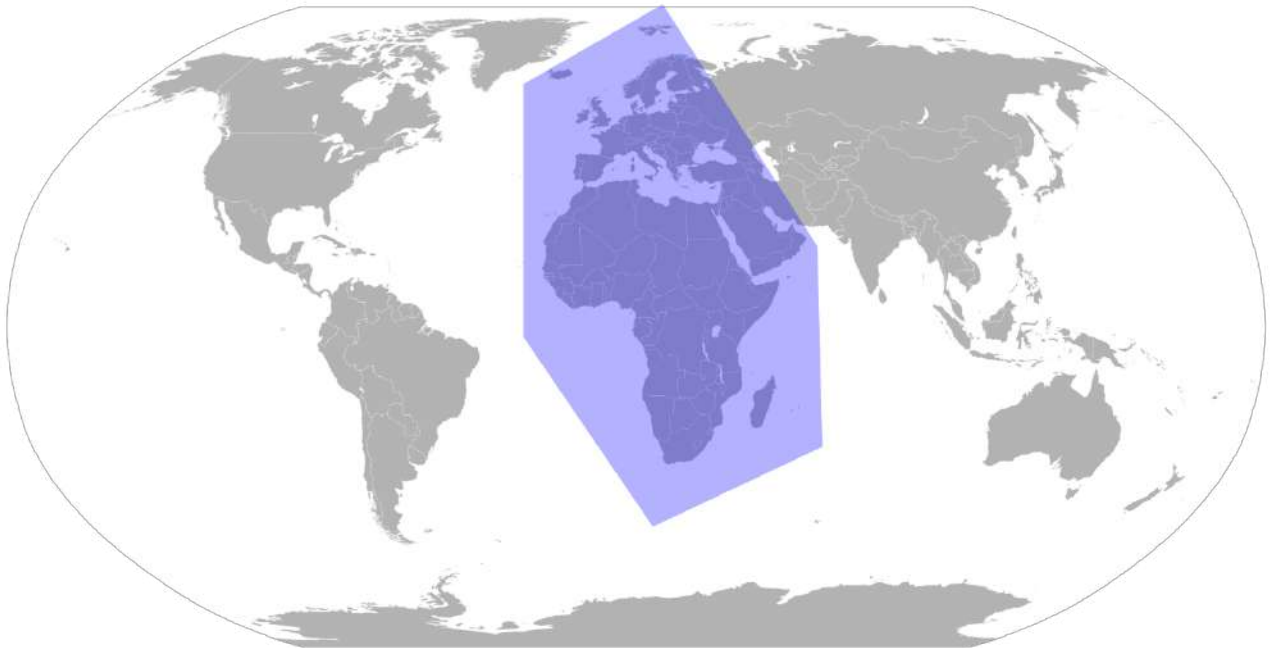
### **The report presents our dissemination activities as follows:**

- (1) International Activities
- (2) Meetings with international organizations, local governments and donors
- (3) Networking meetings with members of the team and of other related projects

The events are presented in chronological order.



## International Activities



## Dissemination Activities:

- Research Network on Globalization, Ageing, Innovation and Care (GAIC), The Netherlands. 15 April 2016. With researchers, experts and stakeholders.
- Meeting Philips, War-Trauma, Wo=Men (and Dutch Parliamentarians). 15-16 April 2017. Meetings with private sector and implementing organisations working on mental health, Africa.
- INCLUDE Platform. African Development Bank (AfDB) Annual Meeting. Jobs for women and young people – the transformative potential of agribusiness. Uganda. 23-25 May 2016. Meetings with implementing international organisations.
- Barlonyo War Attack Commemoration Day 2017. 21 February 2017. Meeting with Minister of State (for Prime Minister) and national and local dignitaries, and research participants and local communities: high media impact.
- International Women Colloquium commemorating the International Women Day 2017. Monrovia, LIBERIA. 7-8 March 2017. High-level international gathering on women in rehabilitation.
- GAIC Meeting. Leiden University. 10 March 2017. Sharing of findings.
- United Nations. 61st Commission on the Status of Women (CSW). New York, USA. 13-24 March 2017, Side-event, March 17, 2017. High impact international level policy.
- ARQ Springtime Symposium Global Mental Health in under-resourced countries and in the non-western world. Amsterdam. 31 March 2017. Experts mental health.
- Public Health interventions: A key response to emerging and re- emerging global health challenges. Makerere University. 6-7 April 2017. Experts meeting mental health.
- EAC. Digital Health Roadmap. 9-10 September 2017. Preparing for
- 2017 Research Network on Globalization, Ageing, Innovation and Care (GAIC) 15 September 2017. Research reporting meeting.
- Post Trauma Services in Social Protection for Economic Empowerment of Women. By Equal Opportunities Commission, Uganda. 12 December 2017. Sharing findings with policy-makers.
- Security and the Rule of Law Platform. Human Trafficking and Mixed Migration in Sub-Saharan Africa. 27 February 2018. Sharing findings with policy-makers.
- Delegation Ethiopia. Presentation results of Trauma and Livelihoods to Policy-Makers. 14-17 May, 2018. Sharing findings with policy-makers.
- Leiden University ASC - INCLUDE Workshop - Presentation from on post trauma services in Uganda. 29 March 2018. Sharing platform members.

## 2016 Research Network on Globalization, Ageing, Innovation and Care (GAIC)

Conference name: Remittances for Care as Mediator of the Destiny of Refugees

Location: The Hague, The Netherlands

Date: April 15, 2016.

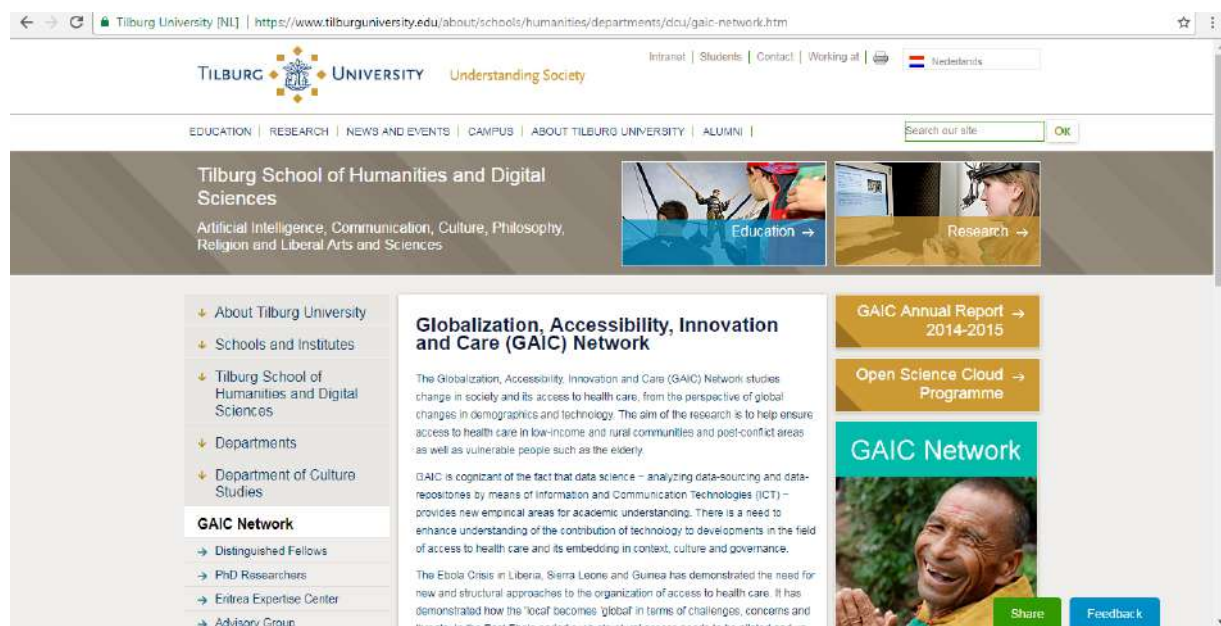
Organizer: Tilburg University and Leiden University

Targeted audience: Policy-makers, NGOS, activists, academics.

H.E. Zamina Malole Baluka (PhD candidate, bench fee in the project) and Prof. Dr. Josephine AHIKIRE (partner at Makerere University) did the opening address of the event, talking about remittances and health in Uganda.

The meeting was a great platform to network with other relevant actors, particularly with Philips and due to this networking, the team was invited to present at the UN 61<sup>st</sup> Commission on the Status of Women (CSW) in New York.

Bilaterally to the meeting, the team held dissemination talks with Philips, War Trauma, WO=MEN and Dutch parliamentarian.





<p>Research Network "Globalization, Ageing, Innovation and Care" (GAIC)</p> <p><b>Remittances for Care as Mediator of the Destiny of Refugees</b></p> <p>15 April 2016, 9:00AM – 12:30 Prins Clauszaal, first floor Studiecentrum Lange Houtstraat 11, 2511 CV, The Hague, The Netherlands</p>	
9:00	<b>Registration and coffee</b>
9:40	<p><b>Welcome</b> Prof. Dr. Mirjam van Reisen, Tilburg University</p> <p><b>Opening keynote address:</b> H.E. Zamina Malole BALUKA, Commissioner, Equal Opportunities Commission, Uganda. Topic: "Remittances and Health: the Uganda Landscape."  Prof. Dr. Josephine AHIKIRE, Dean, School of Women and Gender Studies, Makerere University, Kampala, Uganda.</p> <p><b>Remittances for Care as Mediator of the Destiny of Refugees</b></p>
10:00	<p><b>Keynote address:</b>  Prof. Dr. Jaap van den Herik, Leiden Centre for Data Science (LCDS), Leiden University. Topic: "How computers learn, and its potential relevance to study remittances."</p>
10.20	<p><b>Presentation and update GAIC PhD programme:</b>  Antony Otieno Ong'ayo, Research fellow Utrecht University, Research Fellow GAIC. Topic: "Diasporas, Refugees and Remittances, initial Deductions and Models"  Mr. Gertjan van Stam - Research Fellow SIRDC, Zimbabwe, Research Fellow GAIC. Topic: "Remittances and Health, African Reality Check"  Ms. Beza Libeyesus NISRANE – Unskilled Women Labor Migration of Developing Countries. Benefits and Challenges, Ethiopia.</p>
11.00	<p><b>Brief update of ongoing work:</b>  Ms. Primrose Nakazibwe, Tilburg University and Mbarara University, PhD candidate - "Social Security and Trauma Treatment in Northern Uganda." Preliminary results of the NOW/WOTRO grant.  Ms. Selam Kidane, Leiden University, PhD candidate. Topic: Overcoming trauma and strengthening resilience among refugees from Eritrea and Sudan. Project: Youth of the Horn of Africa, EU project.  Mr. Nebil Kusmallah. Topic: Unaccompanied minors, refugees from Eritrea. "Overcoming Trauma and lack of Trust among Unaccompanied Minors fleeing from Eritrea". Collaboration with Nidos  Jolanda Asmaredjo, Tilburg University. Topic: "Transformational Change among Care-Givers resulting from international Exchanges". Collaboration with Cordaid and Stichting Zorgcombinatie Marga Klompé  Ria Landa, Avoord. Topic: "Transformational Change in Care Communities of People with Dementia". Collaboration with Avoord</p>
12:00	Sennay Gebrab. Update on the Eritrea Expertise Center (EEC)
12:10	Discussion
12:30	Close of Meeting by Prof. Dr. Mirjam van Reisen.



## INCLUDE Platform. African Development Bank (AfDB) Annual Meeting. Jobs for women and young people – the transformative potential of agribusiness

Conference name: African Development Bank (AfDB) Annual Meeting. Jobs for women and young people – the transformative potential of agribusiness.'

Side event: INCLUDE working conference and AfDB panel

Location: Lusaka, Zambia

Dates: May 23-25, 2016.

Organizer: INCLUDE Knowledge Platform on Inclusive Development Policies.

Targeted audience: Stakeholders of current INCLUDE platform projects.

Dr. Primrose Nakazibwe (MUST) participated in the event representing the research team. Dr. Nakazibwe participated in the opening ceremony and the parallel sessions which highlighted the developments that have taken place in the continent as well as the launch of the annual ADB 2016 Report. Dr. Nakazibwe attended the global panel on Achieving Nutrition Security Session Panel with a theme: A call for leadership, partnership and investment." The main objective of this session was to strengthen the call for action and multi-sector investment in nutrition. On May 24<sup>th</sup> Dr. Nakazibwe participated in an interaction with members of the INCLUDE platform where interim findings and key policy messages were presented.

By the time of the meeting, the research had not yet reached a level for policy briefing. Therefore the presentation of the team focused on: A literature review and a survey of 400 respondents to assess the levels of trauma among people in Northern Uganda using the Impacts of Events Scale; Economic Recovery tool and Barrett value scale tool.

(i) Collaboration with international research partners to develop a joint research protocol for a treatment of acute symptoms of Post-Traumatic Stress Disorder has been done. Also Uganda delegation visited Netherlands for various strategic meetings to discuss the research project and the wider subject of women in Uganda.

(ii) Locally, the Equal Opportunities Commission, Ministry of Gender Labor and Social Development, Social Protection Secretariat and Local Governments in the study sites have demonstrated willingness to support the research activities and trauma healing intervention radio programs and look forward to results of the research to inform their policy making processes.

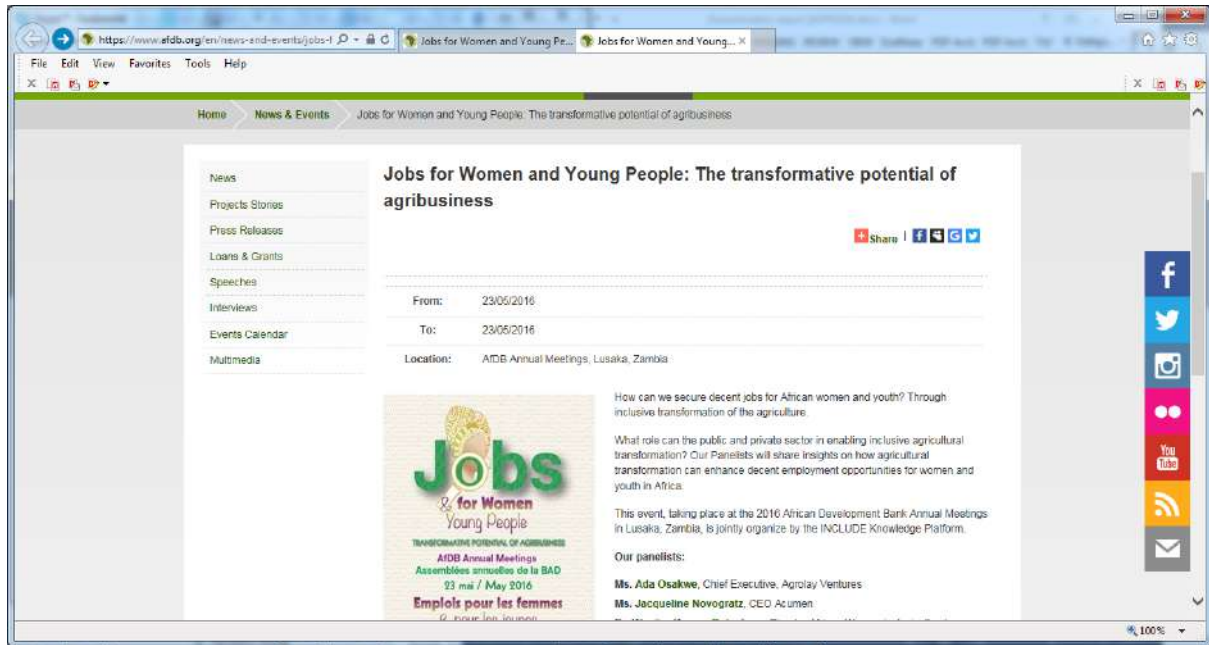
(iii) A radio/social media approach to address the trauma related issues using local radio / local voices for local contextualization of intervention is being developed. We are focusing on intervening with revised Eye Movement Desensitization and Reprocessing (EMDR)-Light therapy with both local and international partners.

The presentation was followed up by personal interactions with other INCLUDE participants. On May 25<sup>th</sup> a workshop on internal stakeholder arrangements was held and the participants shared their experiences on multi-stakeholder research consortia collaboration.

On May 26<sup>th</sup>, Dr. Nakazibwe participated in a workshop on external stakeholder engagement (Mapping) and on the Alignment, Interest and Influence Matrix (AIIM).

During the closing discussion in the plenary it was agreed to share all relevant information of the project, as well as its findings with the platform.

The EWP-U team sent to INCLUDE secretariat a one-page overview of the project.



## Barlonyo War Attack Commemoration Day 2017.

Conference name: Social Protection and Trauma Healing for Empowerment.

Location: Barlonyo War memorial site, Agweng sub country Lira District, UGANDA.

Dates: February 21<sup>st</sup>, 2017

Organizer: Lira District Local Government and Development Partners working in the district.

Targeted audience: Kitgum, Amuria, Katakwi and Lira districts stakeholders.

Prof. Dr. Mirjam van Reisen (TiU), Mdme. Zamina Malole and Dr. Primrose Nakazibwe (MUST) participated in this event.

Several radio dissemination activities took place during this event.



Prof. Dr. van Reisen and H.E. Zaminah Malone Baluka attending the Barlonyo meeting



**Meeting highlight:**

The Prime Minister came represented by the Minister of State and many dignitaries from the districts and national parliament attended exclusively for the Tilburg University-Mbarara University team to hear the dissemination of the project preliminary findings. The participants of the research came from all the districts to attend the commemoration



Minister of State for Internal Affairs addressing the Barlonyo meeting for national TV



Barlonyo attack commemoration site



District officer Barlonyo





## Barlonyo massacre victims honoured

**Appeal.** Participants call for provision of psychosocial rehabilitation to survivors of the massacre to treat their trauma.

BY BILL OKETCH  
editorial@ug.nationmedia.com

**LIRA.** Hundreds of people on Monday gathered at Barlonyo in Agweng Sub-county, Lira District to commemorate those killed by the Lord's Resistance Army (LRA) insurgents during a raid on Barlonyo internally displaced people's camp on February 21, 2004.

More than 300 civilians were massacred by the LRA rebels in the attack. Peace activists said remembrance of the dead plays a big role in the healing process.

"Remembrance has proven to be a strong tool for social reconstruction, especially in dealing with trauma, conflict and tension, and also in addressing stigma within the community."

ISAAC OKWIR ODIYA, JRP OFFICIAL

"Remembrance has proven to be a strong tool for social reconstruction, especially in dealing with trauma, conflict and tension, and also in addressing stigma within the community," said Mr Isaac Okwir Odiya, a Justice and Reconciliation Project (JRP) senior official.

Mr Okwir added: "Over the last 11 years, JRP has played a key role in understanding and explaining the



**Nobel.** LRA war survivors and well-wishers march at Barlonyo in Agweng Sub-county, Lira District in 2015. PHOTO BY BILL OKETCH

needs, concerns and interests of war-affected people in northern Uganda through research and documentation. Adopting a victim centred approach, we have built the capacity of many victim communities to play a lead role in advocating for justice, accountability and reconciliation as well as dealing with their conflict challenges on their own."

Prof Mirjan Van Reisen of Tilburg University in Netherlands, said the survivors of the massacre need to

undergo psychosocial rehabilitation in order for them to come out of the trauma they went through during the two-decade LRA insurgency.

Mr Kennedy Odongo, the area LCI chairman, appealed to government and its development partners to build a health centre in the area to enable the community access health services.

Currently, the community of Barlonyo trek more than 10 kilometres in search of health services at

Ogur Health Centre IV in Ogur Sub-county.

Ms Betty Akello, a mother of six, said they face difficulty in accessing services at Ogur Health Centre.

The area MP, Mr Charles Angiro Gutumoi, told the gathering that he had already reminded President Museveni through Prime Minister Ruhakana Rugunda about his pending pledges to the people of Barlonyo.

However, he did not clarify on the President's pending pledges.

### briefly

#### Police hold cov

**AMURU.** Police in Amuru are holding the LRA's round county, Richard Abol's allegations. The suspect Monday near in Gulu. Police spokesperson on Tuesday said Abol allegedly robbed Shs 100,000 from a dealer in Juba been looking for the time," he said. [Ja

#### MP advise

**PADER.** The Member of Parliament for Pader, Lowia Okeke, residents to w their standard development made the res addressing i association [Robert O

#### Teach

**OMORO.** holding of defile Three s compl girl. Th Omer Afoyo into? have su [De

## Storm destroys

BY MUDANGHA KOLYANGHA  
editorial@ug.nationmedia.com

KIBUKU Government will

## Kibuku to miss Shs40

## International Women Colloquium commemorating the International Women Day 2017 Monrovia, LIBERIA

Conference name: International Women Colloquium commemorating the International Women Day 2017, “Women Bold in Change for Better World”

Location: Monrovia, Liberia. At the Samuel K. Doe Sports Stadium in Paynesville

Dates: March 7-8, 2017

Organizer: Minister of Gender, Children and Social Protection of Liberia

Targeted audience: government officials, international organizations, international audience. More specifically, we could mention co-convenor Ms. Maria Teresa Fernandes de la Vega, Former Deputy Prime Minister and Minister of the Presidency, Kingdom of Spain. The special guest Hon. Donatille Mukabalisa, speaker of the Chamber of Deputies Rwanda Parliament; personnel from the United Nations Missions in Liberia as well as in Sierra Leone, South Africa, Ethiopia, Senegal, United States of America. UNML, UNICEF, Plan International, ECOWAS, Irish Aid, Embassy of Sweden, Embassy of Canada and UNWOMEN were also present in the colloquium.

Prof. Dr. Mirjam van Reisen (Tilburg University), Dr. Primrose Nakazibwe (MUST) and Ms. Zaminah Malole were invited to participate in the celebrations for the International Women Day 2017 in Liberia. The invitation came directly from the office of the Minister of Gender, Children and Social Protection and the Minister of Foreign Affairs. The International Women Colloquium was Co-Convened by Her Excellency, President Ms. Ellen Johnson Sirleaf and by Ms. Maria Teresa Fernandes de la Vega Former Prime Minister and Minister of Foreign Affairs of the Kingdom of Spain.



Prof. Dr. van Reisen and Dr. Nakazibwe with a member of the Liberian Parliament

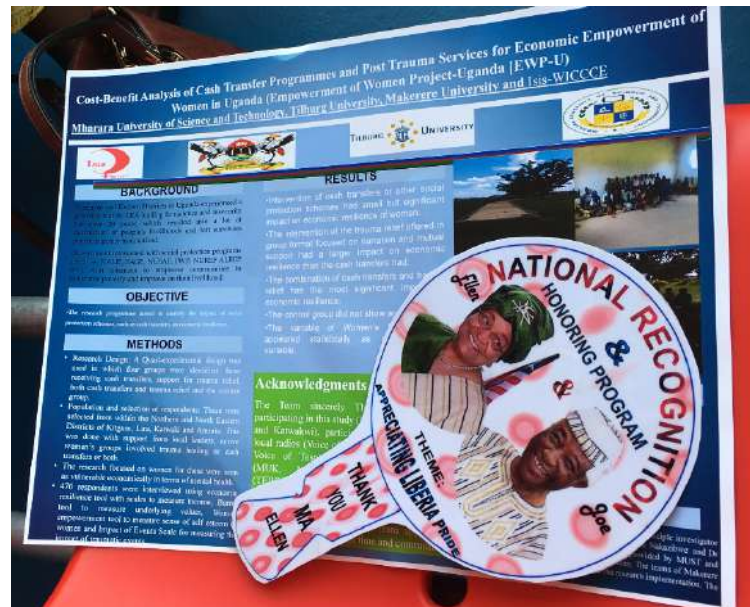
During this meeting, Dr. Nakazibwe was a discussant on the break out parallel session: ‘Enhancing Women’s Political Participation through Policy Dialogue on Constitutional and Legislative Reform Processes and other Measures.’



In addition, a poster presentation was done during the conference. During this activity personalized explanations of the project methods and findings were conducted. A4 size posters were distributed to other participants and attendants to the conference.

The poster contains a brief background to the study, project objectives, methods applied, key findings from the first round of data collection, composition of research team and acknowledgments of various persons, institutions and funders of the research project.

The posters also presented progress results; and brief details of intervention innovation of Self Help Based EMDR which was used by the project to support enhance trauma management in the communities in Northern Uganda.



Poster distributed to participants at the conference



**Highlight of the visit:**

During the conference, Minister Julia Duncan-Cassell (Minister of Gender, Children and Social Protection of Liberia) requested directly to the team to present the project to the President of Liberia, H.E. Mrs. Ellen Johnson Sirleaf. The team presented the poster and presented an overview of the main findings of the research. Mdme. President stated her support to the studies on social protection and requested the final research report of the project. The team was congratulated for the performance of the job conducted.



Dr. Nakazibwe with H.E. Ellen Johnson Sirleaf, President of Liberia.

**Outcome:**

The team was encouraged for its hard work by the President of Liberia and requested to disseminate the final report timely and widely. The president stated that Liberia would be interested in implementing a similar strategy that the one presented by the research in order to improve the delivery of government social services and management of post-conflict related trauma.











Poster design by the research team on the research itself

## Cost-Benefit Analysis of Cash Transfer Programmes and Post Trauma Services for Economic Empowerment of Women in Uganda (Empowerment of Women Project-Uganda [EWP-U])

Mbarara University of Science and Technology, Tilburg University, Makerere University and Isis-WICCCE

<h3 style="text-align: center; background-color: #e0e0e0;">BACKGROUND</h3> <p>Northern and Eastern Districts in Uganda experienced a guerrilla war by LRA and constant raids by Karamojongs for over 20 years, leading to destruction of people's livelihoods and left survivors psychologically traumatized.</p> <p>Government intervened with social protection programs (Such as: KALIP, SAGE, NUSAF, PWP, NUREP, ALREP etc.) with intention to empower communities to overcome poverty and improve on their livelihood.</p>	<h3 style="text-align: center; background-color: #e0e0e0;">RESULTS</h3> <ul style="list-style-type: none"> <li>• Intervention of cash transfers or other social protection schemes had small but significant impact on economic resilience of women.</li> <li>• The intervention of the trauma relief offered in group format focused on narration and mutual support had a larger impact on economic resilience than the cash transfers had;</li> <li>• The combination of cash transfers and trauma relief has the most significant impact on economic resilience;</li> <li>• The control group did not show any change;</li> <li>• The variable of Women's Empowerment appeared statistically as an intervening variable.</li> </ul>	 
<h3 style="text-align: center; background-color: #e0e0e0;">OBJECTIVE</h3> <p>The research programme aimed to identify the impact of social protection schemes, such as cash transfers, on economic resilience.</p>	<h3 style="text-align: center; background-color: #e0e0e0;">METHODS</h3> <ul style="list-style-type: none"> <li>• Research Design: A Quasi-experimental design was used in which four groups were identified: those receiving cash transfers, support for trauma relief, both cash transfers and trauma relief and the control group.</li> <li>• Population and selection of respondents: These were selected from within the Northern and North Eastern Districts of Kitgum, Lira, Katwaki and Amuria. This was done with support from local leaders, active women groups involved trauma healing or cash transfers or both.</li> <li>• The research focused on women for these were seen as vulnerable economically in terms of mental health.</li> <li>• 470 respondents were interviewed using economic resilience tool with scales to measure income, Barret tool to measure underlying values, Women empowerment tool to measure sense of self esteem of women and Impact of Events Scale for measuring the impact of traumatic events.</li> </ul>	<h3 style="text-align: center; background-color: #e0e0e0;">Further Relevance and steps</h3> <p>The research team will carry out a series of dissemination meetings to hear from policy makers at all levels how the research can be useful for purposes of the districts to ameliorate the chances and possibilities within the districts and support the local population.</p>
<h3 style="text-align: center; background-color: #e0e0e0;">Acknowledgments</h3> <p>The Team sincerely Thanks the districts participating in this study (Lira, Kitgum, Amuria and Katwaki), participants and respondents, local radios (Voice of Lango, Radio Tembo and Voice of Teso), the universities authorities (MUK, MUST and Tilburg) local NGOs (TEWUPA, KIWEPI and WOPI-U), the Dutch Government, NWO-WOTRO for the funding, Equal Opportunities Commission and Government of Uganda</p>		<h3 style="text-align: center; background-color: #e0e0e0;">Research Team</h3> <p>• Prof Dr Mirjam van Reisen (Tilburg University) is the principle investigator of the research. The team in Uganda is led by Dr Primrose Nakachwe, and Dr Viola Nyakota of MUST. Statistical back up was provided by MUST and Tilburg University under leadership of Dr. Stokmans. The teams of Makerere University and Isis WICCCE have been part of the research implementation. The team also includes two PhD students.</p>

## 61st Commission on the Status of Women (CSW). New York, USA

Conference name: 61<sup>st</sup> Commission on the Status of Women (CSW)

Side Event: Trauma Healing and Women's Economic Empowerment in Post-conflict Communities at the 61<sup>st</sup> CSW.

Location: New York, USA

Dates: March 13-24, 2017 (CSW), Side-event: March 17<sup>th</sup>, 2017

Organizer side event: Isis-WICCE

Targeted audience: government officials, international organizations, international audience.

Note: The opportunity for this event came out from the presentation at GAIC (April) 2016, where the teams of war trauma and the Dutch Gender Platform WO-ME (women equals men) got in touch with Dr. Nakazibwe (<https://wo-men.nl/>).

Dr. Primrose Nakazibwe (MUST) and Ms. Zaminah Malole Baluka (Commission of Equal Opportunities, Uganda) participated in a side event organized by CSW. The presentation focused on the interim findings from the project. The event was live streamed on Facebook and attended by 80 online participants. On 10 June, 2017, the event has reported 288 views. (<https://www.facebook.com/search/top/?q=isis-wicce>).

During the event, Mdme. Zaminah Malole Baluka launched the book 'Sheroes of Africa's Political Movements' by Isis-WICCE. The book features pivotal political leadership of women in Africa's post-conflict settings. Ms. Juliet Were (Isis-WICCE) presented an overview of the book.



Launch of the book 'Sheroes of Africa's Political Movements' by members of the team

The research was disseminated through a poster containing the interim findings from the first round of data collection.

During their visit in New York, the members of the team also attended other side events, such as:

- (i) Rural and Indigenous Women economic empowerment and food security; organized by the Jordan National Commission for Women in collaboration with UN women, the United Nations Economic and Social Commission for Western Asia (UNESCA).
- (ii) Empowering young women entrepreneurs in Africa through ICTS: Mobile App solutions for sustainable development and the changing world of work; organized by UNESCO and Senegal.
- (iii) United Nations Secretary-General's high-level panel on women's economic empowerment: Presentation of the Second Report and interactive discussion; organized by UNDESA Division for Economic Policy.
- (iv) Accessible cities and the needs of women with disabilities and older persons; organized by the State of Bolivia in collaboration with Mexico and UN Women.





## ARQ Springtime Symposium Global Mental Health in under-resourced countries and in the western world

Conference name: ARQ Springtime Symposium. Global Mental Health in under-resourced countries and in the western world

Location: Academic Medical Center; Amsterdam, The Netherlands

Dates: March 31<sup>st</sup>, 2017

Organizer: War Trauma Foundation

Targeted audience: mental health providers and policy makers, academics and humanitarian workers affiliated with (I)NGOs.

The symposium addressed lessons learned from under-resources areas and provided input on how to mainstream mental health support into humanitarian programming. Prof. Dr. Mirjam van Reisen (TiU), Dr. Primrose Nakazibwe (MUST) and Ms. Selam Kidane (TiU) gave two presentations during the symposium. The first one, given by Prof. Dr. van Reisen, included the main research questions, objectives, research design and main findings. The second one, given by Dr. Nakazibwe and Ms. Kidane on the research experiences and impacts of the research intervention based on basic EMDR techniques. Our study on economic empowerment of women is based on the experiences of a 20 year old protracted war by Lords Resistance Army (LRA) which left the people in Northern Uganda completely devastated emotionally and physically fitted well in the symposium as highlight that fact that trauma-related and other mental health and psychosocial problems are highly prevalent in war affected populations. The experience of the trauma approach used by the EWP-U was a useful learning experience for all stakeholders working in this field.



Dr. Nakazibwe presenting at UvA

The screenshot shows a web browser window displaying the Arq website. The URL in the address bar is <https://www.arq.org/nl/agenda/arq-lente-symposium-global-mental-health-under-resourced-countries-and-western-world>. The website header includes the Arq logo (Psychotrauma Expert Groep) and a navigation menu with links: Home, Over ons, Psychotrauma, Onderzoek, Arq Kenniscentrum, Arq Academy, Publicaties, and Projecten. Below the menu is a large banner image showing a bridge with red and purple cables. The main content area features the title "Arq Lente Symposium: Global Mental Health in under-resourced countries and in the western world" and a sub-header "Op 31 maart 2017 organiseren Equator en War Trauma Foundation een inspirerend symposium: Global Mental Health in under-resourced countries and in the western world." Below this, it states: "Gastsprekers zijn onder meer: Vikram Patel en Florence Baingana. In de ochtend zijn lezingen en in de middag vinden twee verschillende tracks plaats: voor internationale ontwikkelingen en voor de vertaling van lessons learned in low income countries naar de Nederlandse praktijk." The Windows taskbar at the bottom shows various application icons and the system clock indicating 10:55 PM on 4/15/2018.

Secure | <https://www.arq.org/nl/agenda/arq-lente-symposium-global-mental-health-under-resourced-countries-and-western-world>

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## Arq Lente Symposium: Global Mental Health in under-resourced countries and in the western world

Op 31 maart 2017 organiseren Equator en War Trauma Foundation een inspirerend symposium: Global Mental Health in under-resourced countries and in the western world.

Gastsprekers zijn onder meer: Vikram Patel en Florence Baingana. In de ochtend zijn lezingen en in de middag vinden twee verschillende tracks plaats: voor internationale ontwikkelingen en voor de vertaling van lessons learned in low income countries naar de Nederlandse praktijk.

10:55 PM  
4/15/2018



## Public Health interventions: A key response to emerging and re-emerging global health challenges

### Makerere University

Conference name: Environmental Health Student's Association 14<sup>th</sup> Annual Scientific Conference

Location: Silver Springs Bugolobi, Kampala, UGANDA

Dates: April 6-7, 2017

Organizer: Makerere University

Targeted audience: academics

Dr. Primrose Nakazibwe (MUST) participated in the conference on April 7<sup>th</sup> under the subtheme 'Trauma, Injuries and Disabilities.' Dr. Nakazibwe presented the main insights of the project.



**Makerere University  
Environmental Health Students'  
14<sup>TH</sup> ANNUAL SCIENTIFIC CONFERENCE  
6<sup>th</sup> – 7<sup>th</sup> April 2017. Silver Springs**



**Association  
Bugolobi, Kampala-Uganda.**

**Theme: “Public Health interventions: A key response to emerging and re- emerging global health challenges”**

**CONFERENCE PROGRAMME**

<b>Time</b>	<b>Activity</b>	<b>Responsible person</b>
<b>Day 1: Thursday 6<sup>th</sup> April, 2017</b>		
8:00am-9:00am	Arrival and registration of guests	Conference committee
<b>OPENING SESSION</b>		<b>MC</b>
9:00:9:10 am	National Anthem, East African Anthem and Makerere University Anthem	<b>All participants</b>
9:10-9:15 am	Welcome remarks by MUEHSA president (2016/2017)	<i>Mr. Tadeo Tumusiime</i>
9:15am-9:20am	Remarks from Patron MUEHSA	<i>Mrs. Ruth Mubeenzi Neebye</i>
9:20am-9:30am	Remarks from the Dean Makerere University School of Public Health	<i>Prof. William Bazeyo</i>
9:30am-9:50am	<b>Official opening</b> remarks from the guest of honor	<b>Hon. Dr. Joyce Moriku Kaducu</b> <b>State Minister for Health (PHC)</b>
9:50am-10:20am	<b>Key note address 1</b>	Dr. Hannah Kibuuka Executive Director Makerere University Walter Reed Project
10:20am-10:50am	<b>MORNING TEA BREAK</b>	<b>Hotel management</b>
10:50am-11:00am	<b>Brief documentary regarding MUEHSA.</b>	<b>Mr. Obote Gadaffi</b> <b>MUEHSA publicity Secretary</b>
<b>SUB-THEME 1: PUBLIC HEALTH INNOVATIONS AND RESEARCH IN SDG ERA</b>		
	<b>Session One</b>	<b>Chairperson:</b> <i>Mr. Ndaa Louis Modest</i>
11:00 am-11:10 am	Improved Tippy Tap	<i>Ms. Anna Ciara</i> <b>MaKSPH</b>
11:10 am-10:20 am	Open Defecation a Predisposing Factor to Diarrhoeal Infections: Kaburari Landing Site Case	<i>Mr. Maurice Inuda Apedu</i> <b>WASH</b> Makerere University School of Public Health
10:20 am-10:30 am	Improvement of Urban slum Water Sanitation and Hygiene in Kampala Central Division through the Community Cluster Heads (CCH) approach	<i>Mr. Daniel Lukooya</i> <b>ICHIO-Uganda</b> Makerere University School of Public Health
11:30 am-11:40 am	Food hygiene practices and disease outbreaks. A case study of Namatala slum, industrial division-Mbale	<i>Mr. Abel Wilson Walekhwa</i> <b>Islamic university in Uganda, Mbale</b> <b>WASH</b>
11:40 am-11:50 am	Assessing the household food security factors affecting the nutrition status of children under two years: A case study of kisenyi parish Kampala Uganda	<i>Mr. Anas Abdikair</i> <b>Cavendish University</b>
11:50 am-12:00 Pm	Lived experiences of people living with disabilities and HIV/AIDS: a case for the deaf and blind	<i>Mr. Apollo Muhangi</i> <b>MPH-HP student, Uganda Martyrs University</b>
12:00 noon-12:20 pm	Discussion	<b>Chairperson</b>

12: 20 pm- 12:30 pm	Expert opinion	<i>Mr. Ali Halage-MaKSPH</i>
<b>12:30 pm - 1:30 pm</b>	<b>LUNCH BREAK</b>	<b>USHERS</b>
<b>1:30pm – 2:30 pm</b>	<b>Session two</b>	<b>Chairperson: Ms. Maxencia Nabiryo</b>
1:30 pm-1:40 pm	Improvement of Tuberculosis treatment success rate in Kampala district through community linkage facilitators (CLFs)	<i>Mr. Tadeo Tumusiime</i> <i>AIDS information Centre-Track TB project (MSH),</i>
1:40 pm-1:50 pm	Nutrition and Tuberculosis patients	<i>Ms. Aiah Samalie</i> <i>AIDS information Centre-Track TB project (MSH),</i>
1:50 pm-2:00 pm	Student-led interventions towards improving their health and health of communities STUDENTS HIV/AIDS AWARENESS CAMPAIGN	<i>Mr. Tonny Muwonge</i>
2:00 pm-2:20 pm	Discussion	
2:20 pm-2:30pm	Expert opinion	<i>Dr. Deus Lukoye MSH</i>
2:30pm – 3:50pm	<b>Session Three</b>	<b>Chairperson: Martha Ahumuza</b>
2:30 pm- 2: 40pm	University Students Empowering the Farming Community information on Common Diseases, Prevention and Good Farming Practices: Case study of the use of an innovative smart phone App using a One Health Educational and Experiential Approach	<i>Mr. Paineto Masengere</i> <i>BEHS 3 student, MaKSPH</i>
2:40pm- 2:50pm	Student Innovations and Experiences	<i>Ms. Joviah Gonza</i> <i>BEHS 2 student, MaKSPH</i> <i>research</i>
2:50pm- 3:00pm	Bat management: A contribution to prevention and control of emerging and re-emerging infections in Kasese District; A One Health Approach	<i>Mr. Tonny Tindyebwa</i> <i>Makerere University School of Public Health</i>
3:00pm- 3:20pm	Discussion	
3:20pm – 3:30 pm	Expert opinion	<i>Mr. David. K. Ssemwanga-MaKSPH</i>
	<b>Session four</b>	<b>Chairperson: Ms. Prossy Nakitto</b>
3:30pm- 3:50pm	The work of CHWs	<i>Ms. Carol Namata</i> <i>MaKSPH</i>
3:50pm-4:00pm	Community Health Extension workers (CHEWS) in Uganda	<i>Dr. Oleke Christopher (MoH)</i>
4:00pm- 4:10pm	Allied Health Professional Council of Uganda	<i>Mr. Peter Nyamutare</i> <i>Assistant Registrar</i>
4:10 pm- 4:20 pm	Discussion	<i>Chairperson</i>
4:40pm- 5:00pm	<b>EVENING TEA</b>	<b>USHERS</b>

Day Two: Friday 7 <sup>th</sup> April, 2017		
Time	Activity	Responsible person
8:30am-9:00am	Arrival and registration of guests	Organizing Committee
<b>SUB- THEME TWO: DISASTERS AND HEALTH</b>		
9:00am-9:05am	Recap of day one presentations	<i>chief Rapporteur</i>
9:05 am-9:15am	<b>Key Note Address Two</b>	<i>Dr.Linda Gibson Nottingham Trent University</i>
	<b>Session five</b>	<b>Chairperson:Mr. Kizza Frank Gramsen</b>
9.15 am-9.25 am	Laws in relation to disaster preparedness	<i>Dr. John Tingle Nottingham Trent University</i>
9:25 am- 9:35 am	Surveillance for public health emergencies of international concern at points of entry for Uganda: A case of Entebbe International Airport	<i>Mr. Keneth Bainomugisha Entebbe International Airport</i>
9:35 am-9:45 am	Discussion	
9:45am -9:55am	Expert opinion	<i>Dr. Daniel Okello Ayen-KCCA</i>
<b>SUB-THEME THREE: TRAUMA, INJURIES AND DISABILITIES</b>		
	<b>Session six</b>	<b>Chairperson: Mr. Rawlance Ndejjo</b>
9:55am – 10:05am	Domestic accidents in children	<i>Ms.Grace Merian Kamuli Mountain of the moon University</i>
10:05am- 10:15am	More Than Just A Beating: The Burden Of Injuries Due To Gender Based Violence In Uganda- A 5 Year Analysis	<i>Nuwematsiko Rebecca MUSPH</i>
10:15am -10:25am	Cost-Benefit analysis of Cash Transfer Programmes and Post Trauma Services for Economic Empowerment of Women in Uganda	<i>Dr.Primrose Nakazibwe MUST</i>
10:25am-10: 35am	Discussion	
10:35am- 11:45am	Expert opinion	<i>Mr. Fredrick Oporia</i>
11:45am -12:15pm	<b>MORNING TEA BREAK</b>	<b>USHERS</b>
	Session seven	<b>Chairperson: : Mr. Rawlance Ndejjo</b>
12:20pm- 12:30pm	Health related issues resulting from Karongi-Rubavu road construction works, Rwanda	<i>Mr.Noel Korukire Environmental Health department, School of public health, College of Medicine and Health Sciences, University of Rwanda.</i>
12:30pm -12:40pm	Risk Perception and safety behavior of Occupational Hazards In the workplace	<i>Mr. James Dhliwayo Cardiff Metropolitan University, Environmental Health</i>
12:40pm- 12:50pm	A Study on factors influencing Personal Protective Equipment (PPE) among Cosmetics factory workers in Rubaga, Kampala	<i>Tony Tindyebwa Makerere University School of Public Health</i>
12:50pm- 1:10pm	discussion	
1:10pm -1:20pm	Expert Opinion	<i>Mrs.Ruth Neebye Mubeezi-MaKSPH</i>
1:20- 2:20pm	<b>LUNCH BREAK</b>	<b>USHERS</b>
	<b>Session eight</b>	<b>Chairperson: Mr.Daniel Lukooya</b>
2:20pm- 2:30pm	Preparing and giving a winning poster presentation: a pathway for influencing public health policy and practice	<i>Mr. Charles Ssemugabo MakSPH-DCEH</i>
2:30pm- 2:40pm	From dissertation to dissemination: Potential avenues, tips and resources	<i>Mr: Rawlance Ndejjo</i>
2:40pm- 2:50pm	Some career guidance tips for an early stage Environmental Health professional	<i>Dr.David Musoke</i>

		<i>Makerere university School of Public Health</i>
2:50pm- 3:10pm	Discussion	<i>chairperson</i>
	<b>Session Nine</b>	<b><i>Chairperson: Ms. Kabira Rita</i></b>
3:10pm -3:20pm	Report on MUEHSA Activities 2016/17	<i>Ms.Irene Angiro General Secretary –MUEHSA</i>
3:20pm- 3:30pm	plans for partnership for the future	<i>Dr.Linda Gibson Nottingham Trent University</i>
3:30pm -4:00pm	Conference conclusions and resolutions	<i>Mr. David Katwere Makerere University School of Public Health</i>
4:00pm- 4:10pm	Remarks from the outgoing president	<i>Mr. Tadeo Tumusiime</i>
4:10pm-4:40pm	Swearing in of incoming MUEHSA Executive and handover	<i>Electoral Commission –MUEHSA</i>
4:40pm- 4:50pm	Remarks by Chairperson, conference organizing committee	<i>Ms. Lubega Grace Biyinzika Chairperson scientific committee</i>
4:50pm- 5:00pm	Official closing Remarks by the Dean, School of Public Health	<i>Prof. William Bazeyo</i>
5:00pm	Award of certificates	<i>Organizing Committee</i>

# East African Health Research Commission. East African Community

## Theme: Regional East Africa Digital Health Roadmap

Conference name: Towards a regional commitment to improve health outcomes through digital technology

Location: Lake Victoria Serena Golf Resort, Republic of Uganda

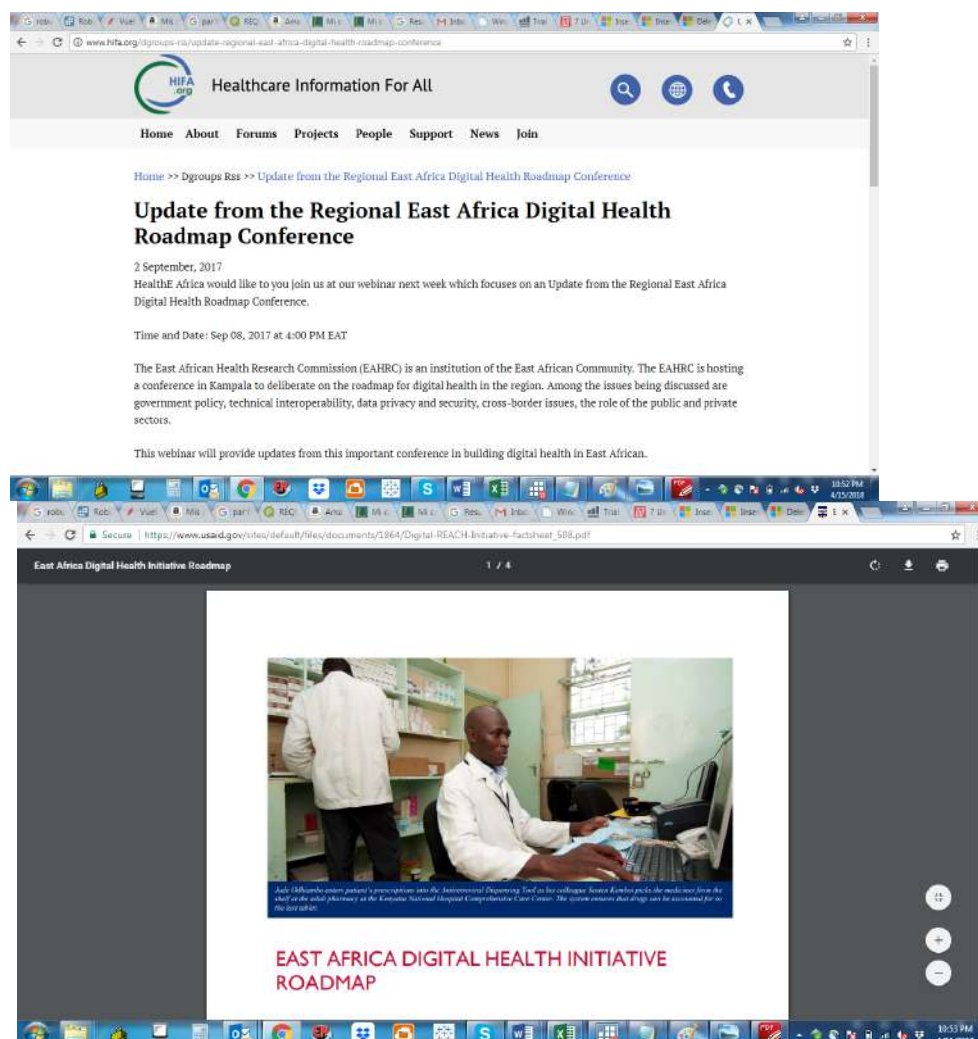
Date: September 6-8, 2017.

Organizer: East African Health Research Commission

Targeted audience: Policy-makers, NGOS, activists, academics

Participants: Prof. Dr. Mirjam van Reisen, Ms. Wenqing Yin

Objective of the meetingL to identify how digital tools can help include mental health and social protection as preparation on further research. The use of radio was included in our proposal, but we wanted to move up technologically given the importance of new communication technology. This meeting contribute to our understanding of the impact of digitalisation on provision of mental health.







## 2017 Research Network on Globalization, Ageing, Innovation and Care (GAIC)

Conference name: Remittances for Care as Mediator of the Destiny of Refugees

Location: Tilburg, The Netherlands

Date: April 15, 2016.

Organizer: Tilburg University and Leiden University

Targeted audience: Policy-makers, NGOS, activists, academics

Research Network "Globalization, Accessibility, Innovation and Care" (GAIC) meeting

under Auspices of Great Zimbabwe University and Tilburg University

In collaboration with Mekelle University (Ethiopia) and Mbarara University of Science and Technology (Uganda)

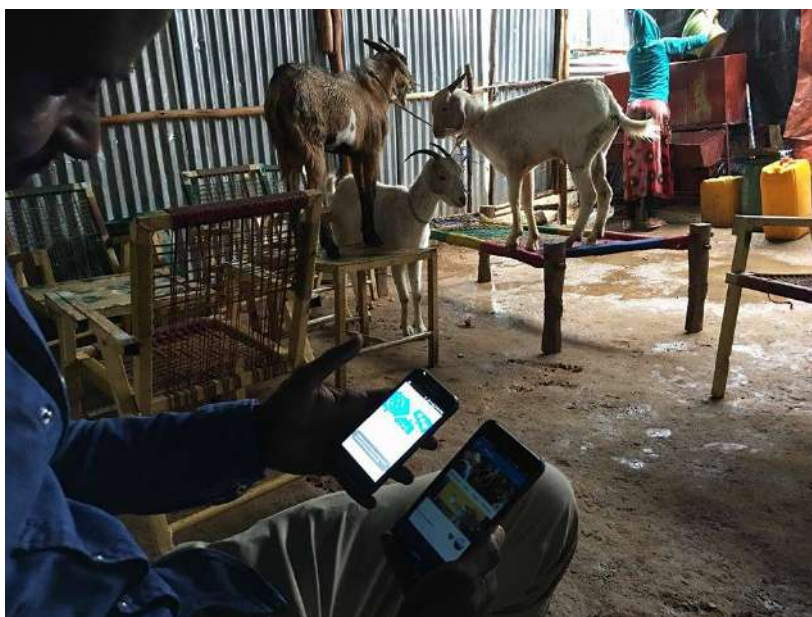
### ***Dynamic Realities of Human Trafficking and Mixed Migration in Digital Africa***

At the occasion of the Public PhD Defense of Mr. Ing. Gertjan van Stam

15 September 2017, 9:00AM – 13.00

Tilburg University, Auditorium (**Aula**)

Warandelaan 2, **C building**, Tilburg, The Netherlands



9:00	<b>Registration and coffee</b> <b>Auditorium (Aula), Tilburg University, C building</b>
9:30	<b>Welcome and Opening - jointly by</b>  Prof. Dr. Mirjam van Reisen, Chair GAIC, Tilburg University <i>"Understanding Digital Culture in Human Trafficking and Mixed Migration"</i>
10:00	<b>Perceptions on Migration</b>  ○ Underaged refugees and their Understanding of Migratory Trajectories - Nebil Kusmallah

	<ul style="list-style-type: none"> <li>○ Dynamics of Human Trafficking between Refugee and Host Communities - Prof. Dr. Kinfe Abraha Gebre-Egziabher, Director Institute of Population Studies, University of Mekelle</li> </ul>
11.00	<p style="text-align: center;"><b>Building Resilience</b></p> <ul style="list-style-type: none"> <li>○ Economic policy and Livelihood in Migration Societies – Dr. Aradom Gebrekidan Abbay</li> <li>○ Collective Trauma and Support for Post-Traumatic Stress on Mobile Devices – Selam Kidane</li> </ul>
11.45	<p style="text-align: center;"><b>Global ICTs and Digital Services for mobile communities</b></p> <ul style="list-style-type: none"> <li>○ Providing Digital Services and Information: Mobile Phone Use in Low Connectivity Environments - Rick Schoenmackers</li> <li>○ Digital Imperialism. What not to do!” - Caroline, Williams, Microsoft</li> <li>○ The Political Economy of Human Trafficking and Mixed Migration – Prof. Dr. Munyaradzi Mawere</li> </ul>
12.30	<p>Presentation of joint GZU – Tilburg University initiative:</p> <p><i>“Cultural Heritage and International Diplomacy in the Digital Era”</i></p> <p>Short statement by</p> <p style="text-align: center;">Mrs. Sabine de Bethune, former President of the Senate of the Kingdom of Belgium and Member of Parliament of the Flemish Parliament, Member of the Committee on Foreign Affairs, European Affairs, International Cooperation and Tourism and Heritage.</p>
13.00	Closing of Meeting by Prof. Dr. Mirjam van Reisen
14:00	<p><b>Public PhD Defense by Mr. Ing. Gertjan van Stam, MTech, entitled:</b></p> <p><i><b>“Reflections. A Narrative on Displacement of Technology and Meaning in an African Place”</b></i></p> <p><b>Tilburg University - Auditorium</b></p>



## Post Trauma Services in Social Protection for Economic Empowerment of Women

Conference name: Post Trauma Services in Social Protection for Economic Empowerment of Women

Location: Kampala, Uganda

Date: December 12, 2017

Organizer: Equal Opportunities Commission

Targeted audience: Policy-makers, NGOS such as Oxfam, activists, academics. There were also women that participated in the research and who gave witness accounts. Representatives of the Ministry of Health and the Chair of the Equal Opportunities Commission opened the meeting.



Opening by the Chair of the Equal Opportunities Commission



Witness with local psycho social trainer from Lira

## Cost-Benefit analysis of Cash Transfer Programmes and Post Trauma Services for Economic Empowerment of Women in Uganda (EWP-U)



04 December 2017

Dear \_\_\_\_\_

### **Re: Post Trauma Services in Social Protection for Economic Empowerment of Women.**

The research consortium comprising of Tilburg University, Netherlands, Mbarara University of Science and Technology, Makerere University, Isis-WICCE in collaboration with the Equal Opportunities Commission-Uganda have been conducting a research study on **Cost-Benefit Analysis of Cash Transfer Programmes and Post Trauma Services for Economic Empowerment of Women in Uganda (Empowerment of Women Project-Uganda [EWP-U])**. The research team is led by Prof. Dr. Mirjam Van Reisen of Tilburg University, Netherlands.

The study which is funded by The Netherlands Organisation for Scientific Research (NWO-WOTRO) in the Netherlands is important because the findings will inform the government of Uganda as well other stakeholders on the importance of including trauma healing in social protection programmes offered to the communities in post-conflict areas. The findings will also be published and shared internationally thus giving the institutions involved in this study an international profile.

The research which started in June 2015 has been ongoing for the past two years and has reached a stage of dissemination after completion of data collection, analysis and report writing. The purpose of this letter therefore, is to invite you to a half day workshop on 12<sup>th</sup> December 2017, starting at 8:30 am-1:00 pm at Imperial Royale Hotel, Kampala where researchers will hold their final dissemination workshop and get a feedback to their findings. Please find a copy of the program herein attached.

Looking forward to seeing you on the 12th December 2017. Please keep time to enable us end as per the programme.

Pro. Dr. Mirjam van Reisen  
Chair of International Relations and Innovation and Care,  
Tilburg University

**Cost-Benefit analysis of Cash Transfer Programmes and Post Trauma Services for Economic Empowerment of Women in Uganda (EWP-U)**

### Program

TIME	ACTIVITY	RESPONSIBLE PERSON
8:00am-9:00am	Arrival and Registration	Brenda Amulo
9:00am-9:20am	Welcome Remarks	Prof. Van Reisen
9:20am-9:40am	Opening Remarks	Mrs. Sylvia M. Ntambi Chairperson – EOC
9:40am-10:10am	1 <sup>st</sup> Round Presentation of the Research Findings (Before intervention)	Dr. Nakazibwe/Prof. Reisen
10:10am-10:40am	Presentation of Trauma Intervention (EMDR Light training)	Ms. Were – ISIS – Wicce
<b>10:40am-11:10am</b>	<b>Break Teas</b>	<b>Hotel</b>
11:10am-11:40am	2 <sup>nd</sup> Round Presentation of the Research Findings (After the intervention)	Dr. Nakazibwe
11:40am-12:00pm	Presentation from LGs	CDO – Kitgum
12:00pm-12:30pm	Testimonies/Sharing of Stories	Ms. Rashida Adongo
12:30pm-1:00pm	Plenary Discussion	Mr. Mujuni Benard Commissioner E&Rs - MGLSD
1:00pm-1:15pm	Way Forward	Member Zaminah Malole - EOC
1:15pm-1:30pm	Closing Remarks	Mr. Ebitu –Director Social Protection
1:30pm	Lunch and Departure at Leisure	Hotel
<b>Moderator</b>		





## Local Dissemination Activities





## Additional dissemination meetings and activities

### Private meetings with civil servants:

**Date:** Summer 2015

**Location:** Uganda

**Participants:** Prof. Dr. Mirjam van Reisen and Dr. Primrose Nakazibwe

**Meeting with:** Meetings with  
TEWUPA (Soroti)  
KIWEPI (Kitgum)  
WOPI (Lira)

**Date:** January and February 2016

**Location:** Uganda

**Participants:** Prof. Dr. Mirjam van Reisen and Dr. Primrose Nakazibwe

**Meeting with:** Meetings with district chairman in Lira and district commissioner for Lira

**Date:** May 2016

**Location:** Uganda

**Participants:** Prof. Dr. Mirjam van Reisen and Dr. Primrose Nakazibwe

**Meeting with:** Meetings with district officer and chairman of the district of Kitgum



Focus group Kitgum

**Date:** May 2016

**Location:** Uganda

**Meeting with:** Dissemination meetings with three radio stations: Radio Langa (Lira), Tadio Teso (Soroti), Radio Tembo (Kitgum)

**Date:** July 2016

**Location:** Uganda

**Participants:** Prof. Dr. Mirjam van Reisen,

**Meeting with:** Ministry of Gender Labour and Social Development

**Date:** July 2016

**Location:** Uganda

**Participants:** Prof. Dr. Mirjam van Reisen,

**Meeting with:** Directorate of Social Protection, Jen.

**Subject:** expansion on social protection programmes

**Date:** July 2016

**Location:** Uganda

**Participants:** Prof. Dr. Mirjam van Reisen, Viola Nykato, Dr. Primrose Nakazibwe

**Meeting at:** Uganda Commission of Equal Opportunities, Mdme. Zamina Malole

**Date:** July 2016

**Location:** Uganda

**Participants:** Prof. Dr. Mirjam van Reisen, Viola Nykato, Dr. Primrose Nakazibwe

**Meeting with:** Ministry of Gender Labour and Social Development (follow-up meeting)

**Date:** July 2016

**Location:** Uganda

**Participants:** Prof. Dr. Mirjam van Reisen,, Viola Nykato, Dr. Primrose Nakazibwe

**Meeting at:** Uganda Commission of Equal Opportunities (follow up meeting), Sylvia Nabatanzi, chairperson.

**Date:** March 9<sup>th</sup>, 2017

**Location:** Leiden, The Netherlands

**Participants:** Prof. Dr. Mirjam van Reisen and Dr. Primrose Nakazibwe

**Meeting with:** delegation of Great Zimbabwe University (GZU)

**Subject:** Discussion on the proposed book publication.

**Date:** March 9<sup>th</sup>, 2017

**Location:** Leiden, The Netherlands

**Participants:** Prof. Dr. Mirjam van Reisen, Dr. Primrose Nakazibwe and Mdme. Zamina Malole.

**Meeting with:** delegation of INCLUDE platform, Dr. Marleen Dekker from ASC and Marieke van der Wende.

**Subject:** Discussion on the status of the project and dissemination of findings

## Qualitative data collection, preparation and coding (labeling) analysis



**Activities:**

- (a) Focus Group Meetings and Interviews with Resource persons
- (b) Interviews on Access and Participation to Social Protection, 2016.
- (c) Interviews on trauma and SHLCPTS, second data collection.
- (d) Public Testimonies.
- (e) Public individual testimonies (n=3) at dissemination meetings in Barlonyo (21 February 2016) and in Kampala.
- (f) Other research activities comprised of the following support and preparation.

## Qualitative data collection, preparation and coding analysis

For this research seventy interviews and focus group meetings were carried out in the following order:

### 1. Focus Group Meetings and Interviews with Resource persons on

- (a) Social Protection and Trauma – 2015
- (b) Focus group meetings (n=7) were held during the preparatory phase in Kaberamaido & Bukedea (9 July 2015) Amuria & Dokolo (9 July 2015), Kitgum, Katakwi (add 9 -11 Juli 2016), Soroti (10 July 2015), Kitgum (10-11 July 2015), Amuru & Oyam - Gulu (12 July 2015) by researchers Primrose Nakazibwe, Mirjam van Reisen, junior researchers (meetings Kampala 8 July 2015). Focus groups comprised of women respondents from 18 – 60 years of age. The number of women included in the groups was between 15 – 25 women.

A translator was used during the meetings. The meetings were open conversations on the situation in the community, the needs of the women, their access to social protection and cash transfer programs and their well-being. In addition open structured interviews were held with women leaders and district authorities in the places visited.

### 2. Interviews on Access and Participation to Social Protection, 2016

- (a) Interviews (n- 37) were done by Researcher Primrose Nakazibwe and junior researchers (February 2016, first data collection). The format was open interviews related to aspects of access and participation protection programs.
- (b) Meetings with local contact persons and radio stations for SHLCPTS, 2016
- (c) Meetings were held with local contact persons of the research to follow up on the first round of data collection in from 27 April – 5 May 2016). The following areas were visited: Kampala: 27 – 29 April; Kaabong and Kitgum 30 April – 2 May; Soroti & Lira 3 May, Kampala 4 May.

### 3. Interviews on trauma and SHLCPTS, second data collection

- (a) Individual interviews (n=31) were held during data collection by researcher Primrose Nakazibwe, Mirjam van Reisen and Selam Kidane (second round of data collection, 24 - 27 January 2017, 25 January Lira, 26, January Kitgum, 27 January, Gulu) (interviews on impacts of SHLCPTS).

### 4. Public Testimonies

- (a) Public individual testimonies (n=3) at dissemination meetings in Barlonyo (21 February 2016) and in Kampala.





Media at the Barlonyo meeting

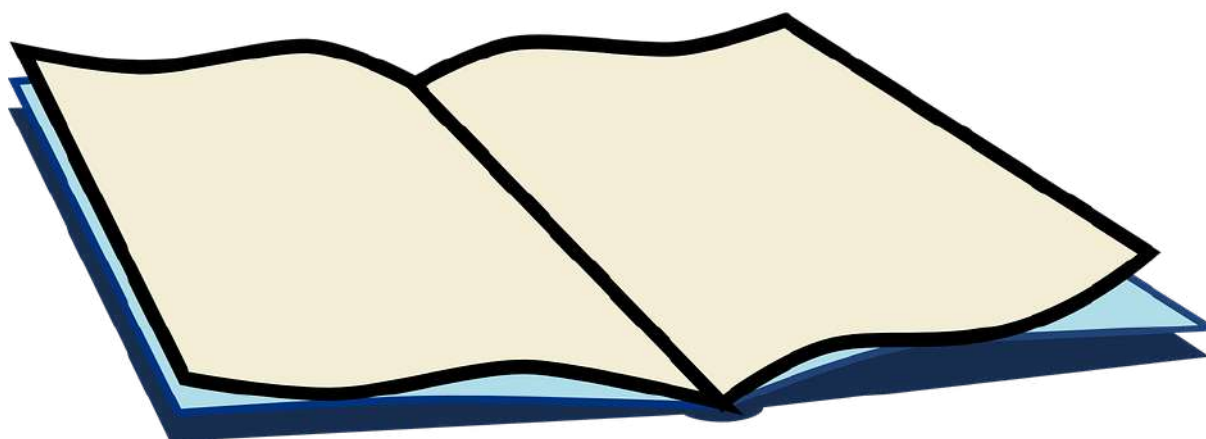


Group of participants present at the Barlonyo meeting

**5. Other research activities comprised of the following support and preparation:**

- (a) Training Barret Method, by Jolanda Asmeredjo in Kampala for Team (2016)
- (b) Identification and meetings with local radio stations (preparation of SHLCPTS) (2017)
- (c) Preparation and Training SHLCPTS in Lira by Selam Kidane (2017)

Book preparation  
Social Protection for women with PTS in  
Northern Uganda



## Activities:

Date: March 20-26,2017

Location: Tilburg, The Netherlands

Metings with Dr. Mia Stokmans on discussion of first round data

Meetings with Dr. Bertha Vallejo on financial reports and dissemination activities

Meetings with Prof. Dr. Mirjam van Reisen and the rest of the team on the structure of the final report.

Date: March 31,2017

Location: Tilburg, The Netherlands

Meetings with Dr. Mia Stokmans on discussion of second round data

Date: September 14, 2017

Location: Tilburg, The Netherlands

Meetings with team on book preparations

## Book preparation

### Social Protection for women with PTS in Northern Uganda

Date: September 14<sup>th</sup>, 2017

Address: **Tilburg University**, at the **Reitse Poort building** (address: **Professor Cobbenhagenlaan 125, Tilburg**)

**Time:** 2pm – 5.30pm

**Subject:** Authors' meeting

#### **Participants:**

- (a) Prof. Dr. Mirjam van Reisen (Tilburg University)
- (b) Prof. Dr. Munyaradzi Mawere (Great Zimbabwe University)
- (c) Dr. Primrose Nakazibwe (Mbarara University of Science and Technology)
- (d) Dr. Mia Stokmans (Tilburg University)
- (e) Dr. Bertha Vallejo (Tilburg University)
- (f) Ms. Selam Kidane (Tilburg University)
- (g) Ms. Lena Reim (data management)
- (h) Chief Charumbira Fortune Zephania (President of the National Council of Zimbabwe Chiefs)
- (i) Prof. Dr. Kinfe Abraha Gebreegziabher (Mekelle University)

Book title: *Social Protection for women with PTS in Northern Uganda*

Editors: Mirjam van Reisen, Primrose Nakazibwe, Munyaradzi Mawere

#### Chapters outline:

Introduction. (Mirjam van Reisen, Primrose Nakazibwe and Munyaradzi Mawere)

#### **Part I/ Poverty and Social Protection**

Chapter 1. Definitions of Poverty (Munyaradzi Mawere, Gertjan van Stam & Mirjam van Reisen) (literature review)

Chapter 2. Poverty and Social Protection in Developing Countries (Zaminah Malole) (literature review)

Chapter 3. Agency: a Gender perspective on Economic Resilience in Uganda (Primrose Nakazibwe) (based on research)

Chapter 4. Defining Impact of Events: diagnosing PTS among the women in Northern Uganda (Selam Kidane,) (literature review and presentation of data)

#### **Part II/ Interventions to assist fragile communities in Northern Uganda**

Chapter 5. Social Protection policies in Uganda (Zaminah Malole) (secondary data review)

Chapter 6. Addressing PTS through psycho-social group support (Isis-WICCE, Selam Kidane) (descriptive field work overview)

Chapter 7. District support activities in Northern Uganda (Primrose Nakazibwe) (secondary data review and interviews)

Chapter 8. Development of a EMDR self help tool to support victims of PTS (Selam Kidane) (literature review and description of tool, including contextualisation and radio support)

### **Part III/ Research Implementation and Findings**

Chapter 9. Development of Scales to measure Social, Economic Resilience and Women's Empowerment: constructs (Primrose Nakazibwe, Mia Stokmans, Edward Muroke) (research findings)

Chapter 10. Diagnosing PTS with the Impact of Events Scale: Methodological Considerations (Selam Kidane, Mia Stokmans) (research findings)

Chapter 11. Measuring Effectiveness of Social Protection Interventions (Mia Stokmans, Mirjam van Reisen, Primrose Nakazibwe) (research findings)

Chapter 12. Measuring Effectiveness of Trauma interventions (Mia Stokmans, Mirjam van Reisen, Primrose Nakazibwe) (research findings)

Chapter 13. Comparing effectiveness of Social Protection and PTS Support on Resilience (Mia Stokmans, Mirjam van Reisen, Primrose Nakazibwe) (research findings)

### **Part IV/ Conclusions and Discussion on integrating PTS Support in Social Protection policy**

Chapter 14. A Cost-Benefit Analysis of Social Protection and PTS Support in fragile communities (Mirjam van Reisen and Primrose Nakazibwe) (research findings)

Chapter 15. Considerations for Implementation of Social Protection Policy (Zaminah Malole) (discussion on research findings)

Chapter 16. Barlonyo commemoration and after: integrating PTS support by local government (Primrose Nakazibwe and Maria Verzijlberg) (discussion on research findings)

Chapter 17. Considerations for further Research and Application on Social Protection in PTS communities (Mirjam van Reisen, Selam Kidane, Munyaradwi Mawere) (discussion on research findings)







## Annex



## Annex 1. Research Posters

Poster design by the research team on self-helping training

# Cost-Benefit Analysis of Cash Transfer Programmes and Post Trauma Services for Economic Empowerment of Women in Uganda (Empowerment of Women Project-Uganda [EWP-U] Intervention on Trauma)

### BACKGROUND

•The analysis of the first data collected found that the population in Northern Uganda highly traumatised and scored high on the Impact of Events Scale. Thus their immune system is affected, leading to physical and mental damage to the person.


•Before this study the trauma interventions administered were relatively classical, in which through a combination of narration, self-reflection and group support the participants were provided with recognition of their problems and possibilities of reducing symptoms.

•Thus the study intervened with a self-help EMDR-light. EMDR is a new methodology developed for post traumatic stress which aims to address the most severe symptoms of trauma, such as not sleeping, flashbacks, etc.

### Impact of the intervention

The interviews carried out after the intervention so far show:

- Increased self esteem and social participation
- Decrease in domestic violence and community conflict
- Increased ability to address conflicts
- Desire to continue the self help exercises and regular use
- Training and coaching of other members of the community
- Requests from other members of the community and family members (including husbands and men in general) to be included in the research as well



### EMDR-Light Training

•The intervention training enabled participants to identify and open dysfunctionally stored memories by using techniques based on EMDR therapy.

### Techniques used during training

- Safe Calm Place: is a technique that enables clients to keep themselves safe and calm when working through their difficult memories
- Identifying and tating touchstone memories and SUD: are two techniques for enabling clients to identify the unprocessed memories that are causing the negative effect and identifying the level of the difficulty respectively
- Butterfly Hug: is a simple but effective bilateral stimulation technique
- Four Elements: is a calming technique that clients can use to monitor stress level and stabilize themselves during sessions and in the future.

### Further Relevance and steps

The second data collection has been finalised (six months after the self help EMDR-light trauma intervention was administered) and the statistical analysis will have to demonstrate whether the intervention together with the social protection scheme will have the desired effect on economic resilience

### Women's stories

•Before the training I was forgetful, my memory wasn't so good, but now I am not as forgetful as I used to be. The breathing exercises help a lot. The pain in my chest is now gone. People ask me why I smile a lot and also how I managed to change myself like this. They notice that I wash and look after myself better these days.

•In the past I used to have a lot of problems because I lost my first husband in the war and I had no one to help me with the children. But since the training I feel better and have been able to manage some of things better

### Research Team

•Prof Dr Mirjam van Reisen (Tilburg University) is the principle investigator of the research. The team in Uganda is led by Dr Primrose Nakazibwe and Dr Viola Nyakota of MUST. Statistical back up was provided by MUST and Tilburg University under leadership of Dr. Stokmans. The teams of Makerere University and Isis WICCE have been part of the research implementation. The team also includes two PhD students





RESEARCH FACT SHEET:

COST-BENEFIT ANALYSIS OF

# CASH TRANSFER PROGRAMMES AND POST TRAUMA SERVICES FOR ECONOMIC EMPOWERMENT OF WOMEN IN UGANDA

## BACKGROUND

In 2015 Isis WICCE partnered with Tilburg University, Mbarara University and Makerere University to conduct research with the aim of identifying the impact of social protection schemes, such as cash transfers on economic resilience in order to influence policy. The research is focused on populations with high levels of income fragility and trauma, seeking to understand the impact of trauma on their use of cash transfers. Women are a specific focus of this study due to their particular economic and mental health vulnerabilities. This study targeted districts affected by the 20-year war between the Lords Resistance Army and the Ugandan government in Northern Uganda including Kitgum, Lira, Soroti and Katakwi.





## METHODOLOGY

In consultation with local leaders and district authorities, four (4) groups with a total of (470) research participants were identified. These included a group that received cash transfers, one that received support for trauma relief, a third one that received cash transfers and trauma relief as well as a control group. The research process involved two phases of data collection, trauma relief therapy and engaging with policy makers..

Following the first round of data collection, to create a stronger impact of the trauma relief variable, a tool was developed and administered to half the participants as a series of six self-help group sessions. The trauma support effort included narration, self-reflection and group support so individuals could recognize their problems and possibilities to reduce symptoms. This included exercises to address the worst symptoms of trauma with psycho-education, to enable participants to understand how trauma works physically in the brain.

For the second round of data collection, individually administered questionnaires translated into three local languages were used to measure the impact of the cash transfers and the trauma relief interventions. This included an impact of events scale to measure the effect of traumatic events on mental wellbeing; economic resilience scales to measure income and the sense of economic resilience; the Barrett tool to measure underlying values and the women's empowerment scale to measure women's sense of self esteem. The research also included short open interviews to understand the results more deeply along with observation.



## KEY FINDINGS

The first round of collected data revealed that



With the second round of data collection completed, the statistical analysis will seek to determine whether or not the trauma relief intervention together with the social protection scheme have had the desired effect on economic resilience. Final results will be published in June 2017.



## RESEARCH TEAM

Researchers, statistical back up and research implementation was conducted by Mbarara University led by Dr Primrose Nakazibwe (Team Leader) under the leadership of Dr Viola Nyakota;

Tilburg University led by Prof Dr Mirjam van Reizen (Principal Investigator) and researchers under leadership of Dr. Stokmans;

Makerere University (led by Associate Professor Josephine Ahikire) and

Isis-WICCE (represented by Juliet Were and Suzan Nkinzi).

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