



CURRICULUM VITAE

Personal details

Name: Prof. dr. Emely de Vet
Date of birth: May 19, 1978
Nationality: Dutch

Academic positions

15/8/2023-current	Full professor Tilburg University, Dean University College Tilburg (1.0 fte tenured)
2/2019-8/2023	Head and full professor Consumption and Healthy Lifestyles group, Social Sciences, Wageningen University (1.0 fte tenured)
7/2017 – 12/2018	Head ad interim Strategic Communication group, Social Sciences, Wageningen University
3/2016 – 1/2019	Full professor Health Communication & Behavior Change, Chair group Strategic Communication, Social Sciences, Wageningen University (1.0fte, tenured)
5/2013 - 3/2016	Associate Professor Health communication and innovation, Chair group Strategic Communication, Social Sciences, Wageningen University (1.0 fte, fixed term, tenure track)
5/2009 – 5/2013	Senior Researcher, Self-regulation Lab, Dept. Social, Health and Organizational Psychology, Utrecht University (0.8fte, fixed term)
10/2006- 5/2013	Assistant Professor Prevention and Public Health, Dept. Health Sciences, VU University Amsterdam (1.0 fte, until 5/2009, 0.2 fte after 5/2009, tenured)
2006	Postdoctoral researcher, Dept. of Public Health, ErasmusMC University Medical Center Rotterdam (1.0 fte, fixed term)
2002-2005	PhD researcher, Dept. of Health Promotion, Maastricht University (1.0 fte, fixed term)
2001	Research associate gender studies, Dept. of Health Ethics and Philosophy, Maastricht University, (0.6 fte, fixed term)
1998-2001	Various student-assistant positions at the Department of Health Promotion, Department of Health Ethics and Philosophy, and Department of Epidemiology and Biostatistics, Faculty of Health, Medicine and Life Sciences, Maastricht University

Career breaks

2010: Maternity leave
2012: Maternity leave

Educational background

- 2001 Maastricht University, MSc Health Sciences
Major: Health Promotion, minor: Gender studies
- 2005 PhD Health Sciences, Maastricht University
- Dissertation “Testing the Transtheoretical model of behavior change: Validity and applicability for fruit intake”
 - (Co) Promotors: Prof. Dr. Ir. J. Brug, Prof. Dr. N. K. de Vries, Dr. J. de Nooijer
 - PhD training with research school Social Psychology (Kurt Lewin Institute)
 - PhD training with research school in Nutrition and Translational research in metabolism (NUTRIM)
- 2008 Basic teaching certificate (BKO), VU University Amsterdam
- 2016-2017 Selected for Leadership Program at Wageningen University (talent program)

Management and governance roles

- End responsibility and management of University College Tilburg (approx. 10 fte staff and 300-350 students)
- End responsibility and management of independent organizational unit as head of department Consumption and Healthy Lifestyles (approx. 20 academic staff, 20-25 PhD researchers and 3 support staff). Responsible for vision & strategy, organisational and personnel management, budget, result and profile in education, research and impact (2019-2023)
- Steering group Wageningen Center for Sustainability Governance: management of structural organizational collaboration between 5 chair groups (Law; Public Administration and Policy; Environmental Policy; Forest and Nature Policy; Consumption and Healthy Lifestyles; approx. 200-250 employees involved; 2022-2023)
- Institutional coordination of strategic profiling theme ‘protein transition’; responsible for determining strategy, selecting and directing research across the entire organisation; allocation of funds across the organisation: monitoring progress and outcomes, aligning plans with university board and ministry of Agriculture, Nature and Food Quality; and management of team (2019-2021 co-coordinator, 2021-2023 core team member)
- Management of organizational unit as head of department ad interim (2 personal professors, 3 associate professors, 2 assistant professors, 2 postdoc-lecturers, 5 lecturers, and > 15 PhDs) (2017 – 2018)
- Personal chair Health Communication and Behavior change, team leader (approx. 15 persons) (2016 – 2019)
- Management and coordinating team of the FP7 European Tempest project consortium consisting of around 25 researchers from 9 different countries (2009-2013)

Positions of trust and public engagement

- Member of the National Health Council (Gezondheidsraad); independent scientific advisory board to government and parliament on health issues:
 - Permanent committee Nutrition (since 2020)
 - Expert group Nutriscore (since 2021)
 - Temporary committee Protein Transition (2022 - dec 2023)
 - Expert group Consumer in the protein transition (since 2022)
- Behavioral and social science expert in the national Combined Lifestyle Interventions group (nationale GLI overleg; since 2022)
- Member Coalition Lifestyle in Health Care: shaping research agenda (2022-2023)
- Ad-hoc social and behavioural science advice to policy advisors of ministry of Health, Welfare & Sports (VWS), ministry of Agriculture, Nature and Food (LNV); and ministry of Economic Affairs and Climate (EZK)
- Steering group academic collaborative workplace public health AGORA (formal collaboration between Wageningen University, 22 municipalities and GGD Noord- and Oost Gelderland to connect science, policy and practice (2018-2023)

- Lifestyle4Health network: member of the behavioral table, a network of professors in behavioral aspects of prevention and health advocating behavioral science (since 2020)
- Member of the program board topsector Creative Industries CLICK NL: shaping and monitoring knowledge agendas for public-private partnerships in creative industries (since 2018)
- Member of the program board Jong Leren Eten policy program; an initiative by ministries of Health, Welfare and Sports (VWS) and Ministry of Agriculture, Nature and Food (LNV) (2018-2020).
- Member of the scientific and innovation advisory board the national Brain Foundation (Hersenstichting) (2018-2019)
- Member of the scientific advisory board National Action Plan Fruits and Vegetables (collaboration between ministry LNV, private and societal partners) (2018-2022)
- Member of various NWO/ZonMw committees (since 2016) (responsibilities are advising on grant allocation, call priorities and shaping knowledge agenda, evaluating proposals, reviews and rebuttals)
 - Member of the ZonMW VIDI Selection committee (2020-2022)
 - Member of the ZonMW program committee lifestyle medicine (since 2019)
 - Member of the ZonMW program committee infectious diseases (since 2017)
 - Member of the NWO VENI selection committee social and behavioral sciences (2016).
- Member of the scientific advisory board of the Netherlands Nutrition Centre (2015-2019)
- Member of the external advisory board BSc and MSc Health Sciences programs at VU University (2015-2019)
- Member of the advisory board to the local health in all policy program “VOGG: Volwassenen op Gezond Gewicht [healthy body weight in adults]” in the municipality of Bronckhorst (2014-2019)
- Healthy aging advisory board of the academic workplace public health AGORA (2014-2018)

Institutional responsibilities

- Internal WUR social sciences VENI/VIDI committee (2018-2023)
- Chair of societal impact working group of the Wageningen School of Social Sciences (2016-2017)
- Wageningen Young Academy (2015-2017)
- Wageningen Living Lab Behaviour change (2017-2018)
- Member Appointment and Advisory committee professor and chair Health and Society (2019-2020)
- Member Appointment and Advisory committee professor and chair Sensory Science and Eating Behavior (2020-2021)
- Member BACs for promotion of tenure track assistant and associate professors (from 2016-2023)
- Member Aspasia committee (WUR wide initiative to support female career paths, 2021)

Management and innovation in higher education

- Dean University College Tilburg, end-responsible for management and quality of selective, international, interdisciplinary BA/BSc liberal arts and sciences (2023-current)
- Chair and board member of three interdisciplinary educational programs at Wageningen University that are organized in a matrix structure (2017-2019; role comparable to academic director at Tilburg University):
 - BSc Communication and Life Sciences
 - BSc Health and Society
 - MSc Communication, Health and Life sciences (2yr program)
 - Specialization Communication and Innovation
 - Specialization Health and Society
- Contributing to design and NVAO accreditation process for new 2yr MSc program: Data Science for Food and Health (Wageningen University), approved in 2022
- Design and application of BSc interdisciplinary university-wide minor Quantified Self (selected in competition, 2017)

- Curriculum & course design for BSc/MSc Health Sciences (VU University Amsterdam, 2006-2009)

Educational experience

- 2024- Social Inequality, Health and Wellbeing, BA/BSc Liberal Arts and Sciences, University College Tilburg
- 2013-2023 Coordinating and teaching a variety of courses and thesis supervision in different (interdisciplinary) BSc and MSc programs at Wageningen University, namely:
 BSc Business and Consumer Studies
 BSc Nutrition and Health
 BSc Health and Society
 BSc Communication and Life Sciences
 MSc Management, Economics and Consumer Studies
 MSc Data Science for Food and Health
 MSc Communication, Health and Life Sciences
 MSc Nutrition and Health
Example courses are: Lifestyles and Consumption; Behavioral interventions for Health; Social Inequalities for Health; Quantified Self; Management and Innovation in the Health Sector; Embodiment, Food and Environment; Consumer studies for Sustainability; Advanced Consumer Studies, Health Communication; Nutrition Behavior
- 2015-2022 Tutor honours programme BSc Wageningen University
- 2013- Post graduate teaching
 -WASS PhD masterclasses & courses (Psychology of health and pro-environmental behaviour, Embodiment, food and the environment)
 -PhD online course Psychology of Eating Behavior, European Health Psychology Society
 -Seminar Pursuing a career in science, for the young scholar network of the International Society of Behavioral Nutrition and Physical Activity.
- 2018-2020 Course coordinator and lecturer Wageningen Academy course for professional audiences on enabling healthy lifestyles.
- 2018-2019 Teaching on nudging on international food master, INRA Dyon.
- 2009-2013 Contributions to Research Master Social and Health Psychology at Utrecht University, thesis and internship supervision research master and academic master Clinical and Health Psychology
- 2006-2013 Contributing to development and establishing MSc specialization Prevention and Public Health for the MSc Health Sciences at VU University (including courses on prevention and policy, health psychology, and health promotion, behaviour and health)
- 2006 Skills training on behavior change communication for medicine students at ErasmusMC University Medical Center
- 2000-2005 Teaching assistance in health promotion program and in gender studies courses

PhD Supervision and graduation

Graduated 15 PhDs (6 as co-promotor, 9 as promotor)

F. M. Stok (Jan, 2014). Social norms and eating behavior of young people, Utrecht University. (Co)Promotores: D.T.D. De Ridder, J.B.F. de Wit; E. de Vet
Herman Schaalma Award, best dissertation of 2014 by the European Health Psychology Society

M. P. Poelman (Nov, 2014). Portion size control in a supersized food environment, VU University

(Co)Promotores: I.H.M. Steenhuis, J.C. Seidell, E. de Vet

**Poelman received a VENI grant for research on food environments following from dissertation*

A.A.C. Verhoeven (Apr, 2015). Facilitating food-related planning: applying metacognition, cue-monitoring and implementation intentions. Utrecht University. (Co) Promotores: D.T.D. de Ridder, B.M. Fennis, M.A. Adriaanse, E. de Vet

**Verhoeven was awarded the 2015 Creative Mind Prize by the Freek and Helga de Jonge Foundation*

M. Simons (Sept, 2015). Active Video Games: can they contribute to the prevention of excessive weight gain in adolescents? VU University Amsterdam. (Co) Promotores: J.C. Seidell, J. Brug, M. Chinapaw, E. de Vet

**Simons has been selected as one of the Faces of Science by the Royal Academy of Science (KNAW)*

S. J. Salmon (Sept, 2015). Health on impulse: exploring low self-control and its consequences for food choice. University of Groningen (Co) Promotores: B.M. Fennis, D.T.D. de Ridder, M.A. Adriaanse, E. de Vet

**2015 dissertation award of the Association for Research in Psychology and Health*

J. Halberstadt (Dec, 2015): Long-term weight management in children and adolescents with severe obesity: psychological aspects, VU University Amsterdam. (Co)promotors: J.C. Seidell, E. de Vet.

S. Raghoobar (March, 2021) How physical cues in micro food environments influence consumption: a social norm account. Wageningen University. (Co-) Promotors: E. de Vet, E. Van Kleef.

S. Van Rongen (May, 2021). Social contextual influences on unhealthy food consumption: a psychological approach. Wageningen University. (Co-) Promotors: E. de Vet, K. Verkooijen.

**PhD award Haagsche Hogeschool*

R. de Vries (Aug, 2021): Foraging minds in modern food environments: A high-calorie bias in human spatial memory and its implications for eating behavior. Wageningen University, (Co-) Promotors: E. De Vet, S. Boesveldt, K. de Graaf.

A. Palascha (Sept 2021): Body wisdom: An individual differences approach to advance theory methods, and interventions of internally regulated eating, Wageningen University. Promotors: E. Van Kleef, E. De Vet, H. Van Trijp.

L. L. Kramer (Nov 2021) Meet the peer and the cook. design and evaluation of persuasive embodied conversational agents to support healthy ageing. Wageningen University, 2018-2022. (Co-) Promotors: E. de Vet, L. van Velsen (UT), B. Mulder

**Awarded Fullbright scholarship 2020.*

A Verdonschot (Apr 2022). A healthy start is half the battle: towards effective nutrition education programs for primary school children. Dual degree program Wageningen University and Newcastle University New South Wales. (Co)Promotors: E. de Vet, A. Haveman-Nies, T. Bucher (UNS), C.C. Collins (UNS).

H. van Heijster (Dec 2022). Employees with a low socioeconomic position as partners in workplace health promotion: how employees' lifeworld can shape intervention and evaluation. Wageningen University. (Co-) Promotors: J. van Berkel, C. Boot (VUMC), E. de Vet

M. van Rookhuijzen (Apr, 2023): Nudging for impact: beyond the immediate effectiveness of nudge interventions promoting healthy food intake. Wageningen University. Promotors: M. Adriaanse (LUMC), E. de Vet.

S.J. Benjamins (Nov, 2023). Parent, Child & Professional on the same Page Implementation and evaluation of a client-accessible health record in Dutch Centres for Youth and Family. Wageningen University. (Co) Promotors: A. Haveman-Nies, E. de Vet.

**Awarded bi-annual Flora van Laar price for youth physicians 2021*

Ongoing supervision

PhDs

1. I. Wayop: Behaviour change interventions to support implementation of veterinary guidelines to promote optimal antibiotics use in livestock for meat production. Utrecht University. 2018-2024. (Co) Promotors: D. Speksnijder (UU), E. de Vet, J. Wagenaar (UU).
2. J. Wierda. 2020-2024. Healthy food environments in hospitals and other care settings. Wageningen University. Promotors: M. Poelman, E. de Vet.
3. L. Geboers. 2020-2024. Healthy and sustainable food practices in the workplace. Wageningen University. Promotors: M. Poelman, E. de Vet.
4. Y. Michielsen. Societal acceptance of plant-based diets, 2020-2025. Wageningen University. (Co) Promotors: H. van der Horst, H. Dibbits (EUR), E. de Vet.
5. T. Wopereis. Local policy for healthy and sustainable food environments. 2020-2025. Wageningen University. Promotors: M. Poelman, E. de Vet.
**Listed in Food100, 100 most influential food experts 2023*
6. C. Blokhuis. 2020-2025. Multi-level influences on population-level consumption shifts: a systems perspective on the protein transition. Wageningen University. (Co) Promotors: GJ Hofstede, M. Ocke, E. de Vet
7. M. Franssen. 2020-2025. Less stress and poverty, more experienced health and participation. Wageningen University. (Co) Promotors: H van der Horst, J. Van Berkel (UU), E. de Vet
8. S. Wolfswinkel. 2021-2025. To meat up with peers: the role of normative influence in meat consumption. Wageningen University. (Co) Promotors: M. Poelman, S. Raghoobar, E. de Vet
9. E. van Bennekom. 2022-2026. Realising health potential through social policies. Wageningen University. (Co) Promotors: J. Van Berkel (UU), H van der Horst
10. A. Coicu. 2023-2027. Adaptive lifestyle interventions for holistic risk profiles. Wageningen University. (Co) Promotors: L. Winkens, E. de Vet
11. L. de Lint. 2023-2028. Intertemporal decision making for healthy and sustainable diets. Wageningen University. (Co) Promotors: R. de Vries, M. van Rookhuijzen, E. de Vet
12. S. Leonti. 2024-2028. Societal acceptance of novel technology for sustainable crop protection. Tilburg University. (Co) Promotors: N. van der Laan, E. de Vet

Ongoing Postdocs

1. D. Madjdian: Behavior change interventions for creating healthy and safe food environments in Ethiopia en Burkina Faso, Wageningen University, 2021-2024
2. Y. Zhu. Agent-based modelling for shifting towards healthy and sustainable diets. Netherlands Institute For Public Health and the Environment (RIVM) & Wageningen University. 2023-2025

Other past supervision

M. Simons (postdoc), J. van Berkel (postdoc), E. Groen-Reijman (postdoc), J. Spook (postdoc), L. Winkens (postdoc); A. Schwarz (postdoc), A. Vugts, J Maas, J. Wesselman, M. Hoornstra, M. van den Bovenkamp, S Op 't Landt, J. Roelandt (research associates)

PhD evaluation committees

1. W. Vermeer (2011). Small, medium, large or supersize: the development and evaluation of interventions targeted at portion size. VU University Amsterdam
2. K. Bevelander (2013). Social recipes for appetite: peer influence on young people's food choice and intake. Radboud University Nijmegen
3. E. Bilman (2014). Claiming satiety: consumer perception, interpretation and subsequent food intake. Wageningen University and Research
4. L. Springvloet (2015). Improving dietary intake patterns among adults: the potential of targeting self-regulation and environmental-level factors in web-based computer-tailored nutrition education interventions. Maastricht University
5. J. Spook (2016). Keeping it real: understanding and changing health-related behaviors in daily life. Maastricht University
6. J. van Beek (2016). Differential effects of time orientation on eating and exercising behaviour. Wageningen University and Research.
7. I. Van Ooijen (2016). Food packaging effects on consumer decisions. University of Amsterdam
8. N. De Cock (2017). Using the rewarding value of food and sensitivity to reward to improve the snacking behavior of adolescents. Ghent University, Belgium
9. T. Cheung (2017). When states of low self-control facilitate goal-oriented behaviours. Utrecht University.
10. A. Da Silva (2017). A flavour of emotions: a sensory & emotional profiling of wine, beer and non-alcoholic beer. Wageningen University and Research
11. S. Wouters (2018). Between-meal snacking in daily life. Open University Heerlen
12. J. den Boer (2018). Slow down: exploring opportunities for reducing eating rate. Wageningen University and Research
13. D. Blok (2018). Introducing systems approaches in health behavioral research. Erasmus MC University Medical Center Rotterdam
14. V. Broers (2018) A taste for the unfamiliar: Investigating the individual and environmental determinants of prebiotic vegetable consumption, Universite Louvain La Neuve
15. A. Griffioen (2018). Saving energy when others pay the bill. Wageningen University and Research
16. A. Middelweerd (2019). Development and evaluation of an app to promote physical activity, VU University Amsterdam
17. S. Prinsen (2019). Justified indulgence: The effects of self-licensing on self-regulation over time. Utrecht University
18. K. Ploydanai (2019). Designing attractive stores. Wageningen University and Research
19. M.G.M. de Pinho (2019). Contextual correlates of dietary behaviours in adults across Europe. Amsterdam UMC
20. E. Velema (2019) Healthy Eating at Work. VU University Amsterdam
21. L. Winkens (2020). Mindful Eating - Development of a scale, associations with depressive symptoms, and feasibility of changing mindful eating behaviours using a web-based course. VU University
22. I. Evenhuis (2020) On the way to healthier school canteens. Implementation and evaluation of healthier canteen guidelines. VU University
23. R. van Bommel (2020). The dynamic evolution of sensory perceptions, food-evoked emotions and liking in eating behavior, Wageningen University and Research
24. N. Den Braver (2021). Built environment, lifestyle and diabetes. VUMC University medical center

25. M. Alblas (2021). Consuming media, consuming food? Reactivity to palatable food cues in television content. University of Amsterdam
26. A. Kobes (2021). What works today: insights in the effectiveness of childhood obesity interventions, and associations between obesity-related factors and youth's weight. University of Groningen
27. S. de Laat (2022). Integrated care for childhood overweight and obesity. Implementation, experiences and effects of an innovative approach with the youth health care nurse as coordinating professional. Tilburg University
28. N. Munoz Vilches (2022) Mental simulation as a strategy towards healthier choices. Wageningen University and Research
29. I. Rijnaarts (2022). The interplay between diet, gastrointestinal complaints and gut microbiota: more than a gut feeling? Wageningen University and Research
30. L. Wilderink (2022). Tackling health inequalities. Evaluating a local approach and strengthening that approach using participatory action research. VU University Amsterdam
31. J. Schultink (2022). Vegetable intake and eating in the absence of hunger in babies and toddlers: results of a repeated vegetable-exposure intervention. WUR
32. J. Stuber (2023). A Health-Promoting Land of Cockaigne: The influence of nudging and pricing strategies in the supermarket to promote healthy choices and reduce socioeconomic inequalities in diets. Amsterdam UMC
33. S. Djojosoeparto (2023). Government policies to improve food environments: a population and equity lens, Utrecht University
34. Y. Zhu (2023). Untangling socioeconomic health inequalities: reinforcing the evidence base for public health. University Medical Center Groningen
35. A. Dol (2023). Virtual coaching for emotional eaters: food for thought. University Twente
36. E. Derkenbaeve (2023). Positive Energy Districts: a pathway toward urban energy transition? Wageningen University and Research
37. L. Landais (2024). Active and passive choices concerning lifestyle and medication: Integrating decision-making and behaviour change approaches. Amsterdam UMC

Grants, awards and honours

I was main applicant and co-applicant for various large competitive grants. The acquired grants totaled over 35 million euros of which more than 9 million euro directly funded my own group. More than 75% of funding was attracted in 2nd stream competitive schemes (e.g., NWO, NWA, ZonMw, Bill & Melinda Gates Foundation, Marie Curie ITN, and excellence grants such as VIDI and TOP).

Submitted

ZonMw (Antimicrobial resistance program). Control of AMR transmission by implementing auditing tools in long-term care facilities (CARLA). Main applicant, 2nd round

VICI pre-proposal Mitigating the effects of climate change on health and disease

2023

Ministry of Health, Welfare and Sports. Progress evaluation of food policy on product reformulation. 33k. Co-applicant.

2022

NWO KIC (Microbiome scheme): Project title Precision medicine for agriculture: harnessing peptide-producing microbiota for sustainable crop protection, co-applicant. Role wp leader "societal acceptance of food technology. Total budget 2.368k euro (1.880k NWO, remainder private partners), budget own WP 300k. Project started 2024-2028

AI/Data science fellowships (WUR competitive funding): Phd project Semantic information retrieval and aggregation for digital food environments. Co-applicant, 268.000 euro

NWO open ronde SSH: FLY (Food-related Lifestyles in Youth): Understanding the complex social dynamics of sustainable food transitions in different socio-economic groups, co-applicant 736.000euro. Advisory role.

NWA Health Inequalities scheme. Project title: Realist Approach to Social Policies (RASP) to Realise Health Potential. Main applicant, 1.000.000 2 Phds and postdoc, transdisciplinary consortium with WUR, Utrecht University (School of Governance), Leiden University (Economics), Hogeschool Utrecht (lectoraat schulden en incasso), 8 municipalities, ministries of SZW and VWS, RVS, Divosa.

4TU High Tech for Sustainable Futures competitive funding. RECENTRE: Risk-based lifestyle change: daily-life monitoring and recommendations. Total funding.6.000.000, of which 1.224.000 for own group (1 tenure track assistant professor and PhD project: Adaptive lifestyle interventions targeting behavior change of patients with different holistic profiles.

2021

Ministry of Health, Welfare and Sport. Accessibility of “Wheel of Five” foods, monitoring healthiness of the food environment. Role co-applicant 75.000 euro.

2020

ERC Consolidator Grant. Healthy navigation in an unhealthy food environment (NAVIGEAT). Grant finalist (interview finalist, not awarded, evaluated excellent)

ZonMW (eHealth program): Measuring, analyzing and mapping environmental influences on (and changes in) spatial patterns: evidence for just-in-time adaptive interventions, Role co-applicant 160.000 euro

Marie Curie International Training Network. Systems Approach of Urban Environments and Health (SURREAL). Budget 3.887.000 euro (of which 266.000 for own group). Role co-applicant, WP leader. Project from 9/2021-9/2024

NWO Transitie en gedrag. Project “Tipping the balance towards dietary change: behavioral aftereffects of designing healthy and sustainable food environments”. Budget 1.135.000 (880.000 NWO, 255.000 co-funding). Role main applicant/PI. Project from 9/2020-9/2028

Regiodeal FoodValley (Funding national government and regional governments). Collaboration between Utrecht University & WUR, Provinces of Utrecht and Gelderland, different municipalities and public and private partners. Role WP leader “Healthy environments, healthy citizens”. Total budget 14.400.000 euro, budget WP that CHL lead 3.321.000 (of which 1.750.000 for own group). Project will run 9/2020-9/2024

2019

NWO Cross over grant. Project MOCIA: Maintaining Optimal Cognitive function In Ageing – a personalised lifestyle prevention approach. Main Applicant Dr. E. Aarts (Radboud University). Budget 9.170.000 (of 6.125.000 through NWO and the remainder co-funding;). Project will run 9/2020-9/2027. Role co-applicant (1 PhD student, 325.000 for own group)

World Cancer Research Fund International. Project “Will improved adherence to WCRF/AICR cancer prevention recommendations lead to less fatigue in colorectal cancer survivors? A randomized controlled trial”. 395.000. Role co-applicant. Project runs from 4/2020-4/2023

2018

Bill & Melinda Gates Foundation. Urban Food Markets in Africa – incentivizing food safety (Pull-Push Project). Budget 3.222.000 (350.000 for own part). Co-applicant, supervisor postdoc on consumer-driven changes for safe foods in urban food markets (1/2021-1/2024).

National Royal Academy for Arts and Science: Selected in competition to organize 3-day Academy Colloquium and masterclass in 2019 on Food environments and public health: interdisciplinary perspectives and prospects. Role main applicant (together with J.Mackenbach VUMC and M. Poelman, UU)

Lowlands Science: selected in competition to be part of the science programming at the 3day Lowlands festival for ‘laat de oermens in je los’, research on spatial memory and foods. Role co-applicant.

4TU Pride and Prejudice: tackling chronic disease prevention through real-life monitoring and context-aware intervention design. 4 year collaboration between Wageningen University, TU Eindhoven, TU Delft and Twente University. Investment 4.6 million euro, 300.000 for chair group.

ZonMW Vakkundig aan het werk (intersectoral methods). Project on intersectoral working methods for individuals with multiple problems (health, finance, work), 2 year project, 170.000 euro, PI

Ministeries of LNV and VWS (Jong leren eten programme). Budget 100.000 Financial support for evaluation of nutrition education instruments in children

2017

ZonMW Antimicrobial resistance programme. Budget 499.000 Project on behaviour change and veterinary guidelines, role co-PI, Consortium including Utrecht University (Veterinary Medicine), Wageningen University, Institute for Responsible medicine use, Royal Netherlands association for veterinarians.

ZonMW Create Health Programme, Budget 250.000 Project on virtual agents for health support in elderly, role PI, consortium with Wageningen University, Roessingh Research and Development, Waag society and the Netherlands Foundation for the Elderly (Ouderenfonds)

ZonMW Werken is Gezond Programme, Budget 400.000 Project on worksite health promotion to reduce health inequalities, role PI, consortium with Wageningen University, VUMC and Radboud University

2016

ZonMW TOP grant. Budget 675.000. Project HINTS (Health Improvement through Nudging Techniques), role PI, Consortium of Wageningen University and University Utrecht (Psychology)

Edema-Steernberg Foundation, 250.000, Project on spatial memory bias and food environments, role co-PI, Wageningen University

ERC Starting grant finalist (interview round, grant not awarded)

2015

NWO VIDI personal grant. Budget 800.000. How to navigate a tempting food environment: from explicit directions to implicit cues. Role PI

Wageningen School of Social Sciences, open competition, 200k, Body wisdom: responding to internal

hunger and satiety signals in the face of competing cues. Role Co-promotor.

2014

NWO TOP Grant (750k). Welfare Improvement through nudging knowledge (WINK). Consortium Utrecht University, Wageningen University, WRR, NSOB, RVS, RIVM. Role co PI

Grants more than 10 years ago

- ZonMW Prevention programme: Personal cues and implementation intentions to support healthy food choice (250k, 2010)
- ZonMW Healthy diets programme: Health on impulse: exploiting low self-control for healthy diets (190k, 2010)
- AGIS, Dutch Heart Foundation, Senternovem: gamebikes in the school setting (50k, 2009)
- ZonMW Prevention programme: Dealing with the supersized food environment (400k, 2009)
- ZonMW Prevention programme: Active video games and sedentary behaviour (350k, 2008)
- Dutch Heart Foundation, Active and non-active video gaming in children (50k, 2008)
- Award travel grant Young Scientist program. International Congress of Psychology (2008)

Editorial experience

- Editorial board member: Health Psychology Review (IF 7.18, since 2018), International Journal of Behavioral Nutrition and Physical Activity (IF 5.94, 2013-2021), American Journal of Health Promotion (IF 2.64, 2007-2015); Frontiers in Psychology (Eating Behavior; IF 2.13, 2016-2017]
- Guest editor Applied Psychology: Health and Wellbeing. Special section on self-regulation of eating behavior among adolescents (2015, IF 2.35)
- Chief editor European Health Psychologist, bulletin of the European Health Psychology Society (2007 – 2014) and member of the publications committee of the European Health Psychology Society
- Associate editor national peer-reviewed journal Psychologie en Gezondheid [Psychology and Health] (2011-2012)
- Ad-hoc Reviewing for at least 20 different international journals: e.g., Annals of Behavioral Medicine, British Journal of Nutrition, Health Education Research, Psychology and Health
- Reviewer Grant proposals: Medical Research Council, London, UK [since 2008]; Dutch Heart Foundation [since 2008], Flanders Research Organisation (FWO) [since 2009].

Organization of international symposia, workshops and conferences

- 2019 Organizer KNAW 3 day international Academy Colloquium and PhD masterclass: Food environments and public health: interdisciplinary perspectives and prospects. Chair of the scientific committee
- 2019 Organizing and scientific committee 2nd international conference Nudging and Beyond, Utrecht, June 2019
- 2017 Co-organizer pre-conference workshop “Nudging”, 16th Conference of the International Society of Behavioral Nutrition and Physical Activity, Victoria, Canada, June 2017.
- 2017 Organizing and scientific committee international WINK conference on nudging, Utrecht, The Netherlands, June 2017 (>250 attendants)
- 2016 Co-organizer pre-conference workshop “Navigating Cape Town: using GPS-devices in behavioral nutrition and physical activity research, 15th Conference of the International Society of Behavioral Nutrition and Physical Activity, Cape Town, South Africa, June 2016.
- 2016 Symposium Welfare improvement through nudging techniques (WINK). Conference Behavioural Insights in Research and Policy Making. Society for the Advancement of Behavioral Economics/International Association for Research in Economic Psychology (SABE/IAREP), Wageningen, the Netherlands, July 2016
- 2015 Organizer International Symposium “Serious Games and mHealth Applications for healthy lives”, Wageningen, September 2015

- 2015 Co-organizer Workshop “Nudging” at the annual Dutch Public Health Conference, Rotterdam, The Netherlands
- 2014 Member of the organization committee of the ASPO symposium “Environmental psychology: how to design environments that stimulate desired behavior”, November 2014, Utrecht, The Netherlands
- 2013 Member of the organization committee of the international invitational conference (“Environmental influences on self-regulation of eating behavior among adolescents: the Tempest project”). For this specific project I also took part in organizing the semi-annual international research meetings of the TEMPEST consortium between 2009 and 2013.
- 2012 Track chair, responsible for the scientific content of the program on public health and health promotion, of the 26th Conference of the European Health Psychology Society, Prague, Czech Republic.
- 2012 Frequently used behavior change techniques: when do they work? Symposium organized and chaired at the 26th Conference of the European Health Psychology Society, Prague, Czech Republic
- 2012 Organizing committee national symposium “Nudging: how environments influence eating and physical activity”. Utrecht, The Netherlands
- 2011 Understanding obesity: how environment and person interact. Roundtable session organized and chaired at the conference for association for research on psychology and health, Lunteren, the Netherlands
- 2011 Self-regulation of eating behavior among youth: findings from the European TEMPEST project. Symposium organized and chaired at the 25th Conference of the European Health Psychology Society, Crete, Greece
- 2007 How useful are implementation intention interventions in improving diet and physical activity? Symposium organized and chaired at the Sixth Conference of the International Society of Behavioral Nutrition and Physical Activity, Oslo, Norway

Selection of media appearances

TV (main evening bulletins NOS journaal, NOS Jeugdjournaal, RTL news, and ZiggoTV, Omroep Max, HUMAN), Radio (NOS Radio 1, BNR, BBC radio), Newspapers (Trouw, NRC, Parool, Metro, Nederlands Dagblad, AD, AD Utrecht, Volkskrant), popular magazines (e.g., GezondNu, Quest, Allure, Men’s Health, Consumentengids, Holland Herald, Psychologie Magazine, New York Times), other: (Campaign of the Maag-Lever-Darmstichting; Universiteit van Nederland; nu.nl; nos.nl).

Invited talks for (international) academic audiences

1. From theory-based interventions to evidence-based practice: which theory should be applied? Invited speaker at the expert workshop Freie Universität Berlin “Issues in health behavior change: Theory and Methods”, Berlin, Germany, July 2008
2. Implementation intentions: Strong effect of simple plans? Invited talk at the Department of Social Psychology, Tilburg University, Tilburg, The Netherlands, January 2009
3. How the environment influences self-regulation of eating behavior. Invited speaker at the ASPO Symposium “Long-term Psychology”. Tilburg, The Netherlands, October 2011
4. Access to excess: nudging to improve healthy food choices. Invited talk at the Department of Marketing and Consumer Behavior, Wageningen University, September 2012
5. In the middle of the road: a highway to the healthy choice. Speaker at the invitational masterclass on nudging organised by Studium Generale and Utrecht University, Utrecht, October 2014
6. How to navigate a tempting food environment: from explicit directions to implicit cues. Invited talk at the seminar series of the Behavioral Science Centre, University of Stirling, UK, March 2016
7. Contextualizing health behaviour change. Invited talk at the Behavioural Engineering group, Catholic University of Leuven, Belgium, June 2016
8. Keynote on public health psychology. Summer school Future Food, Utrecht University, Utrecht, The Netherlands, July 2016

9. How to navigate a tempting food environment. Invited talk at the Dept of Work and Social Psychology, Maastricht University, Maastricht, The Netherlands, Sept 2016
10. Health and behavior. Keynote OU studentendag Psychologie, Oct 2017
11. Social norms and eating behavior. Department of Psychology, Universite Louvain La Neuve, Belgium, December 2017
12. Adapting public health interventions: a behavioural science perspective. Keynote masterclass Public health in practice, Wageningen, Oct 2018
13. Nudging, food choice and eating behaviour. Institut National de la Recherche Agronomique (INRA), Dijon, Nov 2018
14. How to promote healthy lifestyles. International masterclass VLAG Nutrition and Cancer, from bed to bench to behaviour. Wageningen, Feb 2019;
15. Keynote Personalised nutrition and behaviour change. European Conference on personalised nutrition and health, Wageningen, Oct 2019
16. *The Psychology in Food environments. KNAW Academy Colloquium, Amsterdam Nov 2019
17. Covid19 and healthy lifestyles: double trouble. Joint Programming Initiative A Healthy Diet for A Healthy Life. Webinar, June, 2020
18. *Helping consumers choose healthy diets from sustainable food systems. Farm to fork 2020: building sustainable food systems together. High-level EU commission conference. Oct 2020
19. Pandemic Prevention, Prediction and Preparedness. Roundtable WUR Dies Natalis, March 2021
20. From personalised dietary advice to sustainable behavior change. Symposium Diet and the Gut: more than a gut feeling? Wageningen, June, 2022
21. Co-shaping future cities: towards a healthy environment. Preventive health conference: accelerating cooperation to stop overweight and obesity. Utrecht, Nov 2022

Invited talks for public, professional and policy audiences

1. Bridging the intention-behavior gap. Invited talk at the Dutch Conference for Health Promotion, January 2009.
2. Nudging: about the benefits and necessity of subtle environmental adaptations. Invited speaker at the Overijsselse Sportontmoeting, Nijverdal, The Netherlands, November 2011
3. Explaining the popularity of fad diets. Invited speaker to a debate on fad diets at Friesland Campina institute, Amersfoort, March 2014
4. Environmental influences on children's eating behavior. Dutch conference for health and nutrition professionals "How to learn healthy eating habits in youth". Oegstgeest, October 2014.
5. Nudging, priming, framing. Invited speaker to a debate for public health professionals and policy makers "Helder Denken Cafe", Amersfoort, November 2014.
6. Novel methods for behavior change. Speaker at the Communication Lab: Science meets practice "A taste of Innovation", organized by Logeion (communication professionals). June 2015.
7. Haagsche Praat. Workshop Nudging. Together with Prof. dr. Denise de Ridder. Community health service and policy makers, The Hague, November 2015.
8. From nutrition communication to behavior change. Invited speaker to symposium "Wetenschap en praktijk over effectieve voedingscommunicatie" organized by MVO The Netherlands Oil and Fat industry, Wageningen, December 2015
9. How to eat healthy. Eet als een expert, I am a foodie symposium, May 2016
10. Rabo college day, The importance of self-control. April 2016
11. Scholingsdagen national Healthy School Canteens project, October 2016
12. Food environments and healthy eating. Symposium Voeding & Gedrag (Voeding Nu), November 2016 & January 2017
13. 'Wetenschapper in de klas' Workshops to children and a plenary lecture at the teachers conference for the Wetenschapsknooppunt, 2016
14. WURtalk in Cinemec, Ede November 2016
15. Next Gen roundtable on inclusivity of the National Transformation Forum, Oct2016
16. *Nudging at Social and Behaviour Change workshop at International Red Cross (with also World Health Organisation, Unicef, national red cross societies and the international federation), Nov 2016

17. The future of nutrition of communication. Farewell symposium GJ Hiddink on nutrition Communication, Wageningen, Feb 2017
18. Promoting healthy eating behavior. Kick off Nationaal Actieplan Groente en Fruit, Apr 2017
19. Verleiden tot gezond gedrag at Health, Food and Technology congress, Zeist, May 2017
20. Health on Impulse, Healthy Food Congress, Den Haag, Sept 2017
21. Gezond oud worden. Wereldlezing Wageningen ambassors, Wageningen, Oct 2017
22. Youth Food Movement “Waarom we eten wat we eten”, Sept 2017
23. Verleiden tot gezond gedrag. HAS Voedseldialoog: gezonde verleiding, Sept 2017
24. Verleiden tot gezond gedrag. Inspiratiedag Gezond Gewicht, Gemeente Amsterdam, Nov 2017
25. Modificatie van de eetprikkel. Fysiologie, Psychologie en Regulatie van de eetprikkel, Voeding Nederland, Utrecht, March 2018
26. Effectieve communicatie over gezondheid in het publieke domein. Symposium NOG gezonder en vitaler, Apeldoorn, Oct 2018
27. Succesvol verleiden. Inspirator, Food Inspiration days, Veghel, Oct 2018
28. Virtual agents for dietary change in elderly. DRIVE Design Research and Innovation Festival, Dutch Design Week, Eindhoven, Oct 2018
29. Gezond eetgedrag: thuis en op school. Natuur, Wetenschap en Techniek conferentie voor basisonderwijs, Nov 2018
30. Leefstijlverandering in de spreekkamer. Congres Student en Voeding, Rotterdam, Nov 2018
31. Stimuleren van een gezonde leefstijl. GGD GHOR 80th anniversary symposium, Dec 2018
32. Van moeten naar Willen. Studiedag Arts en voeding, Sept 2019
33. *Chickpeas, Crickets and Chlorella: our future proteins. Mansholt lecture, Brussels, Sept 2019
34. Gezond eten: hoe leer je dat? Kinderuniversiteit, Wageningen, Oct 2019
35. Verleiden tot gezond en duurzaam gedrag. Public Leadership challenge, The Hague, Oct 2019
36. Making the healthy choice, the easy choice. International Protein Summit, Wageningen, Oct 2019
37. The human touch in agriculture, water & food. DRIVE Design Research and Innovation Festival, Dutch Design Week, Eindhoven, Oct 2019
38. Role model sessions to young female professionals. Feminer aan tafel Wageningen, Nov 2019
39. Aanleren van gezond eetgedrag. Symposium van patatzak tot fruitbak: jeugd & voedsel, Wageningen Nov 2019
40. Hoe maken we gemotiveerde keuzes om tot een gezondere leefstijl te komen? Coca Cola Open Sessies, Rotterdam, Mar 2021
41. Gezond leven: meer dan een kwestie van wilskracht. Publiekslezing Week tegen Eenzaamheid, Okt 2021
42. *Behavior change towards healthy and sustainable diets. Seminar Sustainable food of the future in the public sector. Dutch Embassy Sweden, Swedish municipalities and EKOMAT Dec 2021
43. Towards a more plant-based diet. Symposium Integral Food policies. Dutch Public Health Institute, March 2022
44. *Protein transition. UK Embassy Women in Innovation. June 2022
45. Gezond leven voor iedereen toegankelijk: Een systeemperspectief op leefstijl. Keynote landelijk diabetescongres, Oct 22
46. *FAO Science & Innovation Forum side event: Protein Transition - from Pain Points to Perspective, Oct 22
47. The protein transition in practice: 4 routes for the public sector. How to shift consumption, Policy campaign, Dec 22
48. Het benutten van gedragsinzichten voor volksgezondheid. Gezondheidsraad (National Health Council), Jan 2024
49. Duwtjes of druk? “Nudging” in de zorg – Op welke wijze kan nudging het gedrag positief beïnvloeden. [nudges or pressure: nudging in health care]. Professional education “Implementation strength” for infectious disease prevention specialists

International networks and consortia

International collaborations

- Initiated and formalized a dual degree program with the School of Health Sciences, University of Newcastle, New South Wales, Australia (Prof. dr. Clare Collins, dr Tamara Bucher)
- International Scientific advisory board Digital Public Health, Leibniz Institute for Prevention Research and Epidemiology-BIPS and the University of Bremen (Prof. dr. Benjamin Schuez)
- Exchange of projects Centre for Adolescent Health Research, MRC Lifecourse Epidemiology Unit, University of Southampton (Prof. dr. Mary Barker)
- Collaboration in Food Master with INRA French Institute of Agricultural Research (dr. Sophie Nicklaus)
- Expert consensus collaboration on behavior change techniques (BCTs) (Prof. dr. Susan Michie, Center for Behavior Change, University College London).
- Collaboration around research on food environments. Institute for physical activity and nutrition, School of Exercise and Nutrition Sciences, Deakin University, Melbourne, Australia (Dr. Lukar Thornton)

International networks

- European Tempest Consortium (2009-2013)
- European DEDIPAC consortium part of JPI a Health Diet for a Healthy Life (2013-2016)
- International Society of Behavioral Nutrition and Physical Activity (2003 – onwards)
- European Health Psychology Society (2003-onwards)
- Association for Research in Psychology and Health (2011- onwards)
- British Drinking and Feeding Group (2015 – onwards)

National networks

- Founding member of the WINK consortium (2014 – 2018) and the linked Netherlands Nudging Network
- Fellow of the Wageningen School of Social Sciences (2013- onwards)
- Member of WEVO (werkgroep voedingsgewoonten; 2003- onwards).
- Member of the Kurt Lewin Institute (2002- onwards)

Publications

Total number of publications: 151

International peer-reviewed publications: 123 (and additional 7 under review)

Google Scholar: H-index = 45; i10 index = 87, 6000 citations

Scopus H-index = 32, Web of science H-index = 31

Full list of refereed international journal publications

Under review

1. Geboers, L., **De Vet, E.**, Rongen, F., Poelman, M.P. (*revisions requested*). More than the worksite cafeteria: the workplace food environment of small and medium-sized enterprises in the Netherlands, *Public Health Nutrition*
2. Madjdian, D., Van Asseldonk, M., Ilboudo, G., Dione, M., Ouedraogo, A-A, Roesel, K., Grace, D., Talsma, E.F., Knight-Jones, T., **De Vet, E.** (*revised version submitted*). Training and tool supply enhance food safety behaviors among ready-to-eat chicken vendors in informal markets in Ouagadougou, Burkina Faso: a randomized-controlled trial. *Food Control*
3. Madjdian, D., Van Asseldonk, M., Talsma, E.F., Amenu, K., Alemu Gameda, B., Girma, S., Roesel, K., Grace, D., Knight-Jones, T., **De Vet, E.** (*revisions requested*) Impact of a mass-media awareness campaign on food safety behavior and behavioral determinants among female consumers in Dire Dawa and Harar, Ethiopia. *Food Control*

4. Madjdian, D.S, Van Asseldonk, M., Talsma, E.F., Dione, M., Ilboudo, G., Roesel, K., Grace, D., Knight-Jones, T.D.J., **De Vet, E** (under review) Empowering consumers to purchase safe ready-to-eat chicken from street restaurants in Ouagadougou, Burkina Faso: Impact of a multi-media behavior change campaign. *International Journal of Consumer Studies*
5. Schwarz, A., Verkooijen, K., **De Vet, E.**, Simons, M. (*revisions requested*) Perceived barriers and facilitators regarding the implementation of gamification to promote physical activity in the neighborhood: interview study among intermediaries in the Netherlands. *JMIR*
6. Wopereis, T.M., **De Vet, E.**, Rongen, F.C., & Poelman, M.P. (*revisions requested*). Food availability, perceived food environment, and social norm perceptions for healthy and vegetarian food consumption at a public music festival in the Netherlands: a cross-sectional study. *BMJ Nutrition, Prevention and Health*, under review
7. Van Berkel, J. De Bruijn, E-J., Waardenburg, M. La Grouw, Y., Van Bennekom, E., Van der Horst, H., Tonnon, S., Haggenburg, M., Haveman-Nies, A.H., Madern, T., Knoef, M., & **De Vet, E.** (under review). The Realist Approach to Social Policies (RASP) study: A study protocol for mixed-methods realist research combined with institutional action research, to reduce socioeconomic health inequalities through systems change. *BMC Health Services Research*

2024 & accepted papers

1. Benjamins, J., **De Vet, E.**, Jordaan, G. & Haveman-Nies, A. (2023) Effect of using client-accessible youth health records on experienced autonomy among parents and adolescents in Dutch care for youth; a mixed methods intervention study. *Journal of Child Health Care* Advance online publication. <https://doi.org/10.1177/13674935231177782>
2. Benjamins, J., **De Vet, E.**, & Haveman-Nies, A. (2024) Enhancing interprofessional teamwork between youth care professionals using an electronic health record; a mixed methods intervention study. *Journal of Interprofessional Care*, <https://doi.org/10.1080/13561820.2024.2314461>
3. Benjamins J, **De Vet E**, de Mortier C, Haveman-Nies A. (*in press*) How using a client-accessible health record contributes to perceived quality of care among parents and adolescents: a qualitative study. *Journal of Participatory Medicine* <https://preprints.jmir.org/preprint/50092>
4. Blokhuis C., Hofstede G.J., Ocké M. & **De Vet E.** (2024) Transitioning towards more plant-based diets: Sharing expert knowledge through a system lens. *Appetite*, 195, doi: <https://doi.org/10.1016/j.appet.2023.107193>.
5. De Ridder, D. Feitsma, J., Van den Hoven, M., Kroese, F., Schillemans, T., Verweij, M., Venema, T., Vugts, A., **De Vet, E.** (2024). Simple nudges that are not so easy. *Behavioral Public Policy*, 8:1, 154-172, <https://doi.org/10.1017/bpp.2020.36>
6. Klinge, I., & **De Vet, E.** (2024). Research priorities and considerations for nutrition research: Methods of sex and gender analysis for biomedical and nutrition research. *Proceedings of the Nutrition Society*
7. Wayop, I.Y.A., **De Vet, E.**, Leerlooijer, J.N., Wagenaar, J.A., Speksnijder, D.C. (*accepted for publication*). Using Implementation Mapping to develop an intervention program to support veterinarians' adherence to the guideline om *Streptococcus suis* clinical practice in weaned pigs. *PLOSOne*
8. Wierda, J.J. **De Vet, E.**, Troost, E., Poelman, M.P. (2024). Characterizing food environments of hospitals and long-term care facilities in the Netherlands: a mixed-methods approach. *BMC Health Services Research*, 24, 31, <https://doi.org/10.1186/s12913-023-10399-6>
9. Wolfswinkel, S, Raghoobar, S., Dagevos, H., **De Vet, E.**, Poelman, M.P. (2024). How perceptions of meat consumption norms differ across contexts and meat consumer groups. *Appetite*.

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10. Benjamins, K., Duinkerken, J.G., Jordaan, G., Canfijn, R., Koster, R., **De Vet, E.**, & A., Haveman-Nies. (2023). Implementation of a client-accessible and multidisciplinary youth health record in the Netherlands; a mixed-methods process evaluation. *International Journal of Integrated Care* 23 (2): 26, 1-16 DOI: <https://doi.org/10.5334/ijic.6905>
11. Kramer, L.L., Mulder, B.C., Van Velsen, L., Ter Stal, S. & **De Vet, E.** (2023) Optimizing appreciation and persuasion of embodied conversational agents for health behavior change: a design experiment and focus group study. *Health Informatics Journal*, 29 (3) <https://doi:10.1177/14604582231183390>
12. Schwarz, A., Winkens, L.H.H., **De Vet, E.**, Ossendrijver, D., Bouwsema, K., & Simons, M. (2023). Design features associated with engagement in mHealth physical activity interventions among youth: A systematic review of qualitative and quantitative studies. *JMIR mHealth and uHealth*; 11: e40898. [doi:10.2196/40898](https://doi.org/10.2196/40898)
13. Van Heijster, H., Van Berkel, J., Bakker, M., Boot, C.R.L. **De Vet, E.** (2023). Process evaluation of workplace health promotion in a sheltered workplace: a care ethics perspective. *Health Promotion International*, 38, 1-12. <https://doi.org/10.1093/heapro/daad031>
14. Van Rookhuijzen, M., **de Vet, E.**, & Adriaanse, M. A. (2023). The effect of transparency on the temporal spillover effect of default nudges. *British Journal of Social Psychology*, 62, 1363-1375. <https://doi-org.ezproxy.library.wur.nl/10.1111/bjso.12636>
15. Van Rookhuijzen, M., **De Vet, E.**, Gorrit, G., Adriaanse, M. (2023). When Nudgees Become Nudgers: Exploring the Use of Self-nudging to Promote Fruit Intake. *Applied Psychology: Health and Wellbeing*, 15, 1714-1732, <https://doi.org/10.1111/aphw.12464>
16. Verra, S.E., Poelman, M.P., Mudd, A.L., **De Vet, E.**, De Wit, J.B.F. & Kamphuis, C.B.M. (2023) Socioeconomic inequalities in self-assessed health and food consumption: the mediating roles of daily hassles and the perceived importance of health. *BMC Public Health* 23, 439. <https://doi.org/10.1186/s12889-023-15077-0>
17. Verdonschot, A., Follong, B., Collins, C.E., **De Vet, E.**, Haveman-Nies, A; Bucher, T. (2023). Effectiveness of school-based nutrition intervention components on fruit and vegetable intake and nutrition knowledge in children aged 4–12 years old: an umbrella review. *Nutrition Reviews*, 81 (3), 304-321 <https://doi.org/10.1093/nutrit/nuac057>
18. Wayop, I.Y.A., **De Vet, E.**, Wagenaar, J.A., & Speksnijder, D.C. (2023) Why veterinarians (do not) adhere to the clinical practice Streptococcus suis in weaned pigs guideline: a qualitative study. *Antibiotics*, 12, 320. <https://doi.org/10.3390/antibiotics12020320>
19. Winkens, L.H.H., Den Braver, N.R., Mackenbach, J.D., Visser, M., & **De Vet, E.**, (2023). Can mindful eating buffer against the influence of neighbourhood fast food exposure on unhealthy food intake? Test of a cross-sectional model. *Health & Place*, 83, 103054 <https://doi.org/10.1016/j.healthplace.2023.103054>

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20. De Vries, R., Boesveldt, S. **De Vet, E.** (2022). Human spatial memory is biased towards high-calorie foods: A cross-cultural online experiment. *International Journal of Behavioral Nutrition and Physical Activity*, 19:14 <https://doi.org/10.1186/s12966-022-01252-w>
21. De Vries, R., Van den Hoven, M.A., De Ridder, D.T.D., Verweij, M.F., **De Vet, E.** (2022) Healthcare workers' acceptability of influenza vaccination nudges: evaluation of a real-world intervention. *Preventive Medicine Reports* 29, 101910. <https://doi.org/10.1016/j.pmedr.2022.101910>

22. De Vries, R., Boesveldt, S., A., Sotomayor Sainz, J. Copier, **De Vet, E** (2022) Wired for harsh food environments: implications of a high-calorie bias in human spatial memory for eating behaviour. *Food Quality and Preference*, 97, 104478, <https://doi.org/10.1016/j.foodqual.2021.104478>
23. Hengeveld, L.M., de Goede, J., Afman, L., Bakker, S., Beulens, J., Blaak, E., Boersma, E., Geleijnse, M., Van Goudoever, H., Hopman, M., Iestra, J., Kremers, S., Mensink, R., De Roos, N., Stehouwer, Verkaik-Kloosterman, J., **De Vet, E.**, & Visser, M (2022). Health effects of increasing protein intake above the current population reference intake in older adults: a systematic review of the Health Council of the Netherlands. *Advances in Nutrition*, 13 (4), 1083-1117, <https://doi.org/10.1093/advances/nmab140>
24. Kramer, L.L., Van Velsen, L., Clark, J.L., Mulder, B.C., & **De Vet. E.**, (2022). Use and effect of embodied conversational agents for improving eating behavior and decreasing loneliness among community-dwelling older adults: randomized controlled trial. *JMIR Formative Research* 6(4) e33974 doi: 10.2196/33974
25. Van Heijster, H., Van Berkel, J., Boot, C.R.L. Boot, Abma, T., **De Vet. E.** (2022) Stakeholder dialogue on dilemmas at work as a workplace health promotion intervention including employees with a low SEP: a Responsive Evaluation. *BMC Public Health* 22, 407 (2022). <https://doi-org.ezproxy.library.wur.nl/10.1186/s12889-022-12802-z>
26. Van Heijster, H., Van Berkel, J., Boot, C.R.L., Abma, T., **De Vet, E.**, (2022). Responsive evaluation: an innovative evaluation methodology for workplace health promotion interventions. *BMJ Open* 12:e062320. doi:10.1136/bmjopen-2022-062320
27. Van Rongen, S., Handgraaf, M., Benoist, M., **De Vet, E.** (2022). The effect of personal relative deprivation on food choice: an experimental approach. *PLOS ONE*, 17(1): e0261317. <https://doi.org/10.1371/journal.pone.0261317>
28. Verra, S., Poelman, M.P., Mudd, A., **De Vet, E.**, Van Rongen, S., De Wit, J.B.F., Kamphuis, C. (2022). What is important to you? Socioeconomic inequalities in the perceived importance of health compared to other life domains. *BMC Public Health*, 22, 86, <https://doi.org/10.1186/s12889-022-12508-2>

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29. Benjamins, S.J., Haveman-Nies, A., Goudkuil, M., Gunnink, M., **De Vet, E.**, (2021) How the use of a patient-accessible health record contributes to patient-centered care: scoping review. *Journal of Medical Internet Research*, 23 (1) e17655. DOI: 10.2196/17655
30. De Vries, R., Boesveldt, S., **de Vet, E.** (2021) Locating calories: Does the high-calorie bias in human spatial memory influence how we navigate the modern food environment? *Food Quality and Preference*, 94, <https://doi.org/10.1016/j.foodqual.2021.104338>
31. Kramer, L. L., Blok, M., van Velsen, L., Mulder, B. C., & **de Vet, E.** (2021). Supporting eating behaviour of community-dwelling older adults: co-design of an embodied conversational agent. *Design for Health (Abingdon, England)*, 5(1), 120–139. <https://doi.org/10.1080/24735132.2021.1885592>
32. Kramer, L.L, Mulder, B.C., Van Velsen, L., **De Vet, E.**, (2021). Use and effect of web-based embodied conversational agents for improving eating behavior and decreasing loneliness among community-dwelling older adults: protocol for a randomized controlled trial. *Journal of Medical Internet Research JMIR: research protocols* 6;10(1):e22186. doi: 10.2196/22186. PMID: 33404513.
33. Lucassen, D.A., Lasschuijt, M.P., Camps, G., Van Loo, E.J., Fischer, A.R.H., de Vries, R.A.J., Haarman, J.A.M., Simons, M., **de Vet, E.**, Bos-de Vos, M., Pan, S., Ren, X., de Graaf, K., Lu, Y., Feskens, E.J.M., Brouwer-Brolsma, E.M. (2021). Short and Long-Term Innovations on Dietary Behavior Assessment and Coaching: Present Efforts and Vision of the Pride and Prejudice Consortium. *International Journal of Environmental Research and Public Health*. 18(15):7877. <https://doi.org/10.3390/ijerph18157877>

34. Palascha, A., Van Kleef, E., **De Vet, E.**, Van Trijp, H. (2021). The effect of a brief mindfulness intervention on perception of bodily signals of satiation and hunger. *Appetite*, *164*, 105280, doi 10.1016/j.appet.2021.105280
35. Palascha, A., van Kleef, E., de Vet, E., & van Trijp, H. C. M. (2021). Internally regulated eating style: a comprehensive theoretical framework. *British Journal of Nutrition*, *126*(1), 138–150. <https://doi.org/10.1017/S0007114520003840>
36. Palascha, A., Van Kleef, E., **De Vet, E.**, Van Trijp, H. (2021). Self-reported sensitivity to physiological signals of satiation and hunger: assessment of construct validity *Personality and Individual Differences*, *182*, <https://doi.org/10.1016/j.paid.2021.111054>
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